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FORUM

Famèe Furlane Toronto
www.fameefurlane.com

FF North Restaurant and Event Centre
www.ffnorth.com

Friuli Benevolent Corporation
www.fameefurlane.com

Villa Leonardo Gambin Charity
www.villagambin.com

WE ARE STRONGER TOGETHER

A close-up photograph of two hands, one from the left and one from the right, with fingers interlaced to form a heart shape. The hands are light-skinned and the background is plain white.

On behalf of all of us at the Famèe Furlane Toronto; its membership, Board and staff, a deep heartfelt thank you to all frontline workers, caregivers, volunteers, management and staff at Villa Leonardo Gambin Long-Term Care and Friuli Benevolent Corporation who have given their all to ensure their residents have been provided with the best of services and care during these unprecedented circumstances that have upended our lives.

**NO WORDS CAN EXPRESS OUR GRATITUDE.
THANK YOU!**



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Forum Editors

Ivana Pontisso
Cinzia Del Zotto

Design Editor

Lauretta Santarossa

Designer

Christina Vecchiarelli

Famèe Furlane Toronto
7065 Islington Avenue
Woodbridge, ON L4L 1V9
T: 905.851.1566
F: 905.851.6863

www.fameefurlane.com
reception@fameefurlane.com



A Message From Our President

Dear Members,

How quickly our lives have changed and how quickly we adapted to a new reality. COVID-19 has brought with it many new coping challenges and in far too many situations the stark reality of a global health threat not previously experienced in our lifetime. But we also believe that this too shall pass.

As with all of us, families, businesses, schools and more, the Famèe Furlane is also significantly impacted by the fall-out of COVID-19 resulting in the closure of this facility in direct compliance with the order of the day. Clearly, this situation has created added disruptions to an already challenging financial situation impacting the Famèe Furlane.

But the situation albeit challenging is not all bad. In fact, COVID-19 has demonstrated the true stamina of an inclusive community driven by a genuine concern for the wellbeing of our neighbours. All to say that our forefathers the founders of the Famèe Furlane of Toronto would be proud of us for continuing to keep faith with our Furlan culture, heritage and traditions.

Sincere best wishes to everyone – especially our seniors to who we owe so much.

KEEP SAFE EVERYONE AS THIS TOO SHALL PASS!

Julian Fantino, President



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Famèe Furlane Women's Auxiliary

Famous People Players Help Celebrate International Women's Day

Diane Dupuy, founder and CEO of Famous People Players was the keynote speaker at the annual International Women's Day Celebration hosted by the Famèe Furlane Women's Auxiliary. Her extraordinary story had the audience rapt in attention. Famous People Players is a non-profit black light puppetry theatre, employing people with special needs. Diane's team of talented and committed individuals not only perform on stage, but also share responsibilities with the administration and in the dining room.

After her talk and dinner, the audience was treated to a truly wonderful and thoroughly entertaining musical performance by a troupe of the Famous People Players themselves. The crowd, as they say, went wild.

The Auxiliary would like to thank all the behind the scenes work by the organizing committee and Famèe Furlane Toronto management in helping to make the evening a great success. Very special thanks also go to all the event's generous sponsors and donors. Famous People Players Theatre was the direct beneficiary of your unselfish generosity.

Who could have known that the evening's enthusiastic celebration of International Women's Day, would be memorable not only because of a terrific meal, entertaining guest speaker, exciting performance, special presentations and great vendors, but also because it was right on the cusp of the COVID-19 lockdown.

Indeed a night to remember in so many more ways than one.



COVID-19 Lockdown

A Community of Unsung Heroes

Throughout this Lockdown, not everyone has had the luxury of safely spending time exploring new hobbies, binge watching Netflix or laughing their way through a mountain of COVID-19 funnies on Social Media. A world of gratitude and heartfelt thank yous are extended to every single individual who daily protect, serve and provide us with the most essential of services. Taking time from their already stress-filled lives, a few of our community members have shared a glimpse into their New Reality. Thank you for your daily sacrifices and efforts to keep us safe!

Thank you

It has been a crazy time to say the least, but no doubt we will surpass these unprecedented times and come out stronger than before. The past couple of months, life at the Famèe Furlane has been quite different and challenging. Marylane and I have perfected social distancing the best way possible and while we may have run low on wipes and sanitizer, we make quite the team in keeping the day to day operations smooth. At times we feel more like the grinch who stole... your celebrations! We can promise however, to make your rebooking process easy and ensure that when the time comes to celebrate your special event, it will be even better than you envisioned.

As frontline office staff, we have been busy rescheduling and postponing functions to later suitable dates - a situation the entire world is experiencing. Although business is not as usual, we are working at keeping things moving forward with essential housekeeping items.



If you've been in and around the centre for the past several years, you know Italo, the man with a plan. Pre-pandemic, he has been the go-to individual, mister fix it, delivery man, Famèe Furlane manual, and comedian on any given day. Throughout the pandemic, Italo has been hands on with several much-needed touch ups, has daily provided reports on the quickly changing COVID situation, and his unique reality checks - nothing will ever be the same. He is reassured that although things may not go back to "normal", sometimes change is good, and we will adapt.

With suspension of all activities, we've been hard at work on sprucing up with minor touches, attending to much needed spring cleaning and taking care of you - our membership. Whether you have a question, concern or just would like to chat (since most of us are feeling lonely these days) - give us a call or send in an email. We can't wait to celebrate your special occasions with you soon!



Marylane, Cassandra, Italo & the Famèe Furlane Toronto Staff



The sun is finally out, the temperature is warmer but something is out of place. The school yards are empty. The regular cries from children out at recess or high schoolers packing transit buses are eerily absent.

The concept of traditional school has been flipped. For years, members in (and out of) the educational community have been promoting online education. Platforms like YouTube and Vimeo have allowed many people to learn anything from calculus to plumbing right in the comfort of home. Further, tech giants like Google and Microsoft have been vying for the dominant position in online learning by creating various “classroom” environments to store, and communicate lessons. And while we were learning these new platforms as something that could be implemented, the world had a different idea. In what felt like an

instant, we went from learn at school, to learn at home. Just. Like. That.

In an instant, dining room tables became desks, bedrooms became offices and it seemed like no place was sacred anymore. The learning curve was certainly steep, especially when your internet connection decided to disconnect. Many questions began to circulate about marks, particularly for the transition grades like 7/8 and 11/12 and what would happen to the rest of the year. Students, parents, teachers and administrators had to quickly scramble to put together coherent plans to help everyone get through this uncertain time.

Slowly and surely though, we all rose to the challenge. Teachers reorganized their lessons, learned new tricks, like how to record your screen to share information, and students learned how to navigate several classes at once. But let me be clear. This is not the optimal way to learn. Whenever I spoke with my students, either in a class meeting or individually, the number one comment was about missing the classroom. The school environment is what helped keep them stay focused and pushed them to stay on top of the material. They even missed us, the teachers (yes, I’m not exaggerating).

While there are many great tools I have since discovered, like online lab simulations, for example, they simply do not replace the classroom. Much of the success we’ve had is because we have been able to build relationships with the students in the first term. They know us, and we know them.

As the year draws to a close, and yes students ARE learning and ARE receiving an education, I can’t help but look forward to being able to walk the halls of my school again. To be able to be in front of my class and see the faces of the students I am teaching. To hear their voices in the halls. I know September will look different. There will be many changes in how we go about our daily lives, and maybe some changes for the better. But above all, I hope to be in the classroom with my students.

Elize Ceschia

Ecco in poche righe la mia esperienza con il COVID-19.

Come tutti in questi tempi clausura “lockdown” è difficile essere allegri, anche per mè con la mia attività di catering e classi di cucina non è differente. No feste famigliari, no classi ,funerali non piu’ di nove persone, dunque un periodo di magra.

L’altro giorno per tirare su un po’ il morale abbiamo cucinato e offerto il pranzo al personale di “ Villa Gambin” una maniera per dire grazie a questo personale che deve affrontare questo nemico invisibile tutti I giorni e sperare di non portarlo a casa...!

Questa è un po’ la mia esperienza con il COVID-19 .

Mandi,
Gianni Ceschia





As a Registered Respiratory Specialist, my expertise in mechanical ventilation, airway management and respiratory support is in high demand during this COVID pandemic. The sudden introduction of the COVID virus means there is a lack of knowledge of it's effects on the body, which in turn, makes it hard for us to effectively treat patients who have the virus. Information is changing daily, and sometimes hourly, making it at times difficult to keep up to date.

Many know of the lack of PPE supplies, and staffing issues. But many are unaware of the emotional strain we experience when patients pass away despite all our efforts to treat them. That being said, in the hospital environment, we are seeing the wonderful effects teamwork has on utilizing every profession, and their expertise to provide the best care for these patients. Even within the community, a simple act of wearing a mask, or staying six feet apart, brings hope to the fight. In a time where we are being asked to distance ourselves, I have never seen such unity within a community to help preserve their own health, and the health of others. For that I say thank you for making our job easier.

Valentina Bozzetto

I am a Recreation Therapist and a current Nursing student at Western University. I was a member of the Villa Leonardo Gambin team for five years before deciding to go back to school to pursue an education in Nursing in September of 2019.

Due to the circumstances around COVID-19, I was able to come back to VLG to help support them during the pandemic. Before walking back into the building that gave me my start as a healthcare professional, I had to prepare myself for what I was going to experience. It wouldn't be the same vibrant, happy home that I left in August. There were so many new policies and procedures to learn; including how to properly put on and take off PPE, new meal time procedures, disinfecting procedures, etc. Eventually these physical tasks became routine but the mental and emotional aspects never got easier.



When we care for residents with active COVID-19, we must always be aware of what we are touching, what order we are touching things in (from clean to contaminated), and when and how we are removing and changing our PPE. Several times I found myself standing outside a resident room and taking an extra minute just to go through what I was about to do and make sure that my actions would be keeping both the resident and myself safe. At the end of the day, it's hard not to reflect on your shift and worry whether you did everything correctly - none of us want to be responsible for spreading the virus inside the home and none of us want to bring it home to our families.

The hardest part of returning to VLG during the pandemic was seeing the empty rooms of residents who had passed and watching rather helplessly as residents fight for their lives. Even though we are doing everything in our power to support these residents, it takes a severe emotional toll on staff members who have built special relationships with many residents over the years.

I would be remiss if I didn't mention the impact that the family members and the community have had on my experience as a frontline worker during this pandemic. Their support has been incredible; they are sending posters, cards, food, and endless words of encouragement. These gestures are not taken for granted and they are a constant reminder of how appreciated our work is and how important it is to keep fighting.

I am proud to be a VLG team member and to work in one of the best homes in the province. We have done an excellent job in containing the virus and both frontline workers as well as management have been working tirelessly and selflessly to protect and care for the incredibly resilient residents that call VLG home.

Louise Facca



As the world began to shut down and stay inside their homes to protect themselves and their families, the municipal governments had to try to provide the same for their most vulnerable citizens. The homeless. Whether by circumstance, environment or health, these citizens needed our help. As an administrator for an Outreach and shelter location in the GTA this meant working each and every day to provide services never before provided or imagined in our lifetime. Programs were developed, recently emptied locations were reopened for bringing encamped clients indoor to social distance. I was proud to be able to work during this time while being the only visitor, helper and shopper for my housebound parents. Thank goodness for the nicer weather where they can now work their garden.

Daniela Perusini

Although the world has nearly come to a standstill, the life of a first responder continues amid the risk of this pandemic.

2019 - The tones go off and I'm on my way to help someone in need. The most stressful part being the unknown of what I'm about to get myself into.

2020 - The tones go off and I'm on my way to help someone in need. The most stressful part is NOT knowing exactly what I'm getting myself into. How things have changed.

In the 12 years of being a firefighter, I have always taken the appropriate precautions when it comes to communicable diseases and protecting myself and crew, but never have I seen anything to this extent. Never have I seen something so contagious that when my shift is over, I wonder if going home to my wife and 8-month old is the right thing to do. I take every precaution to make sure that when I come home to my family they are just as safe now as they were pre-COVID, but at the end of the day, you just never know, and that to me is the scariest part of my job.



COVID-19 has changed everything. It has changed the way we hang out at the fire station. It has changed the way we train. It has even changed the way we respond to calls. However; regardless of the risk, there is still a job to do, and like it or not, this is our job. No one knows how long this will last, no one knows what the damage will be when it all comes to an end, but one thing is for sure; the way we used to do things will forever be changed.

So wash your hand, stay safe, and we'll get through this together.

Marco Sacilotto



The year 2020. The year of the pandemic. Seared in our minds like the grade on a steak. It is definitely a time we won't soon forget. The increase of coronavirus cases brought our city to a sight of people hoarding food and toilet paper. With this heightened anxiety among us, I found myself right in the middle of it all. I own and operate a fixturing company and having Loblaws as one of my clients, I was instructed to measure and install plexiglass barriers at all the cashiers and pharmacies within the chain's stores. This obviously was to be done as soon as possible to have restrictions and barriers in place for the safety of the essential workers as well as the public. Keeping in mind that we too would be at risk as well as our families, we rolled up our sleeves, donned our masks and gloves and went from store to store to get exact measurements in order to cut the plexiglass. We drove to every Loblaws, Fortinos, No Frills, Valumart, Real Canadian Wholesale Club, Zehrs, Independent City Markets and Yigs in the city of Toronto.

I even had my own personal uber driver, my wife Melissa, help in the cause. She drove me around the city so that it was easier for me to hop in and out of the stores to take the measurements. With barely any cars on the road, you wouldn't believe how fast we were able to move around! With time being of the essence, we managed to complete 110 stores in 4 days. Crowned the "Plexiglass King", I take pride in believing that our hard work definitely helped to prevent more cases and save lives. So, if you're out in a Loblaws chain store in the Greater Toronto Area, take a look at the plexiglass barrier and know that I had a part in keeping you safe.

Joe Zamparo



Mi hanno chiesto come sto affrontando questo periodo pandemica. Me viene subito in mente la risposta di Napoleone, che alla proposta di un Generale di andare a conquistare la Cina, lui le rispose “lasciamo che la Cina dorma perché quando se sveglierà tutto il mondo sarà in dolore”. Ed Eccoci Qui!!! Rittornanado alle domanda fattomi... Mi ero organizzata tra lavori domestici, volontariato e qualche scapatella al Casinò. Il tempo passava lento ma sereno.

Però ora con questa forzata prigionia dove dobbiamo stare a distanza dei nostri cari per paura di contattare questa epidemia chiamata “Corona” che ha terrorizzato il mondo intero mietendo morte e dolore. Ora cerco d’organizzarmi, su consiglio di una altruista ed intelligente infermiera di fare mascherine per l’ospedale e amici.

Sperando di riverderci presto,
Elda Maralda

When the government announced the 2-week extended school closure after March Break, I braced myself. I gathered up unfinished marking, uploaded necessary document files to my desktop, closed my work laptop and took it all home. Why? Because I had the same gut feeling many we (educators) had: we weren’t going back. And it wasn’t going to be due to contract disputes – settling after months of work-to-rule and weekly strike days. And so, we waited for direction on how teaching was to be provided and implemented.

With everyone waiting for direction, just how ready and prepared were we to start Distant Learning on April 6? Not any more ready than everyone else whose work environment changed overnight. I felt like a last-minute stand-in who had only 15 minutes to rehearse behind the curtains and then someone shouting: “Everyone in position; lights; curtains” – or whatever it is they say. And then the curtains opened...

Inundated with zoom workshops, on-line lesson prepping, connecting with parents and students, ironing out the challenges of navigating through a new learning platform via a variety of devices...the first week and a half was quite the show – as I had expected. Thankfully, most of that frenzy has settled down.

What I didn’t expect? The continuous hours spent in a sitting position in front of a computer, broken routines of sleep and eating, my broken body and dried-out eyes. Distant Learning occupies far more hours than a dedicated teacher puts in at school and adds a different level of stress. The many different layers: prepping; marking; clarifying; examining submitted work; giving feedback; connecting with students and parents; fielding questions – all done through a computer. For me, as a French teacher, that’s over 100 kids every week. Who said going paperless cuts hours of work? And then there are the administrative responsibilities – I won’t go into that.

I believe in and still love what I do and I miss the kids dearly. So I keep that in mind, embrace Distant Learning and keep going. We, as educators, know that Distant Learning cannot replace the physical classroom by a longshot, but it’s the only option for continuing education during school closures. We are doing our best to provide the most we can, taking into account these variables and different factors -- home life, technology, devices, privacy – of our students and of ourselves. What is frustrating to me, is that our best never seems to be enough – many of the expectations placed on us are without a plan in place, without proper tools and provisions, and don’t truly take into account nor meet the reality of the variables.

So where do I end on Distant Learning now that our gut feeling was right? There needs to be a sound and doable Plan A and Plan B in place for September. I am bracing myself again. Why? Let’s just say: I pray my gut is wrong this time.

Anonymous - Famèe Furlane Toronto Member



Life's Passages

In Memoriam

Ercole Furlan – 30 March 2020 – Lifetime Member

Grazia Cirillo – 3 April 2020 – Mother-in-law to member Daniele Vuaran

Ugo Innocente – 15 April 2020 – Member

Lorenzo Gottardo – 25 April 2020 – Member and Father of Member Flavia Gottardo-Muraca

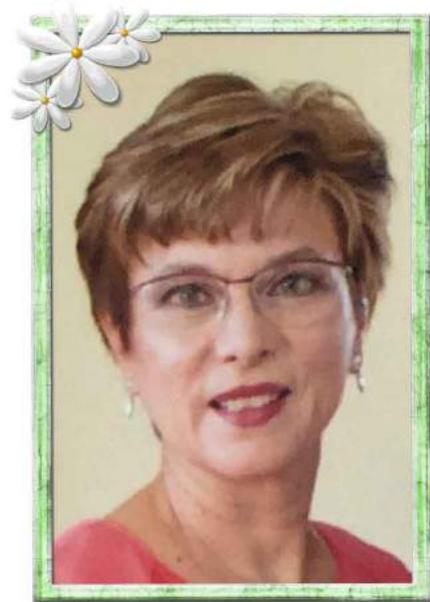
Fiorina Bortolussi – 25 April 2020 – Lifetime Member and Sister of Member Fulvio Rodaro

Emilio Manarin – 10 May 2020 – Lifetime Member

Luigia Bomben – 11 May 2020 – Sister-in-law to Members Mario and Carla Bomben

Rino Sacilotto – 26 May 2020 – Uncle to Members Sergio and Elemanna Sacilotto

Our condolences also go out to all those in our community whose lives have been taken by COVID-19.



Congratulations Marylane D'Agnolo on your 60th birthday!



Friul Infats

By Jason Moretto

QUESTIONS:

1. What is the tallest free-standing bell tower in the world?
2. Who is the patron saint of soccer players?
3. What city is most associated with the powerful Bora, a katabatic wind that can gust over 150 km/h?
4. Where is the archaeological site of the Roman Villa of Torre, founded in 1st century BC?
5. Where is the Slovene-based, Resian dialect spoken?
6. Who won two Gold and one Silver Medals in Men's Cross-Country Skiing at two Olympics in 2002 and 2006?
7. Where did patriotic writer Ippolito Nievo (1831-1861) live and write his novels?
8. What team won the 2018 Serie A2 basketball championship?
9. How many years was the Friulan constitution, the Constitutiones Patriae Foriulii, in effect?
10. What period did the Free Territory of Trieste exist?





50th ANNUAL FAMEE FURLANE TORONTO GOLF CLASSIC

WEDNESDAY, AUGUST 26, 2020

**THE COUNTRY CLUB
(formerly The Board of Trade Golf Club)
20 Lloyd Street, Woodbridge**

Registration: Starting at 10:30am
Lunch: 11am – 12:15pm
Tee Off Time: 12:30pm Shotgun Start
Dinner: 6:30pm – FF NORTH EVENT CENTRE
WITH LIVE AUCTION
Cost: \$400 / Golfer
\$100 – Dinner Only

REGISTRATION DEADLINE AUGUST 17, 2020

SPONSORSHIP OPPORTUNITIES AVAILABLE:

- GOLD: \$5000**
-1 foursome
-hole sponsorship
-featured in event program
- SILVER: \$2500**
-registration for two golfers
-hole sponsorship
-featured in event program
- BRONZE: \$1500**
-dinner for two at AL FOGOLÀR
-hole sponsorship
-featured in event program
- HOLE SPONSORSHIP: \$400**



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7065 ISLINGTON AVE – WOODBRIDGE - 905-851-1166 - reception@fameefurlane.com



Having fun when social gathering was not an issue!

On behalf of the 20-Somethings, I would like to extend our heartfelt best wishes to you all during these unprecedented times. These past few months have not been easy and we recognize how difficult being estranged from our friends and loved ones has been. Our group, like all others, has been unable to meet physically at some of the events we had planned, including an Evening at Harbourfront and Dinner on the Pier in March. Nonetheless, we have maintained a positive attitude and have been communicating regularly as friends on various social platforms. We eagerly await the moment when we can all see each other again in person and celebrate our friendships as we have done before. On behalf of our group, I would like to extend our sincerest wishes that everyone keep well, healthy and strong in the months ahead.

Mandi,
Vanessa Lovisa-Gambin
President, 20-Somethings



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Address:
40 Friuli Court
Woodbridge, ON L4L 9T3
T. 905-856-3939

Website:
www.villagambin.com



A Message From Our Chair

Dear Friends,

I truly hope you are all keeping safe and well during these challenging times.

At the time of the last Forum issue, unbeknownst to us, COVID-19 was beginning to rapidly spread in our community. We watched with dismay as one by one, hundreds of Long-Term Care homes across Ontario became affected by COVID-19, exposing our society's most vulnerable to this deadly virus. Our VLG team responded to the pandemic very early, in fact, prior to the outbreak being classified a pandemic, with unprecedented infection control measures. Yet, despite going above and beyond the continuously evolving directives from Public Health and the Ministry of Long-Term Care, this merciless virus found its way into VLG with devastating consequences. We as a Board of Directors, and VLG community, are heartbroken for the 12 VLG families who have lost loved ones to COVID-19, and for all our residents and their families who have been living with worry and fear of the unknown for nearly three months now.

But through the dark times, there have been many, many bright spots offering us strength, hope and inspiration, and reminding us how much good can come from a community rising together to face a great challenge.

The entire VLG team, from our managers, nurses and PSW's, to our recreation staff, housekeeping, dietary and maintenance teams have willingly put themselves on the front lines of this battle, working tirelessly to care for our dear residents in the face of great personal risk. The selflessness exhibited by our frontline team has been nothing short of inspiring, and in my opinion demonstrates the best of humanity.

In response, our families and community have risen to show their gratitude and appreciation to these frontline heroes; from small, but very meaningful acts of kindness to incredibly generous donations. Our vestibule has been filled with posters and cards of thanks and encouragement, and countless families and community groups have donated hot meals and other gifts of gratitude, keeping our team motivated to keep fighting, and keep up their exhausting efforts.

And most heartening of all, I have been truly touched to see that we as a community have not forgotten about the residents of VLG. With the infection control measures that are in place, it has been difficult to provide our residents with encouragement from the outside – yet, we have found a way. From parking lot concerts to uplift their spirits, to video conference visits with family and loved ones, to carefully sanitized care packages for all, our residents have been constantly reminded that we are with them, and there is hope.

With the world evolving as it is, we will be cancelling or drastically changing our scheduled charity events and will have to re-think the way we do fundraising. But make no mistake, we need your support now more than ever. Consider donating to the charity or specifically to our Frontline Worker's Fund and stay tuned for our exciting updated lineup of VLG charity initiatives for 2020.

On behalf of our residents, the Board of Directors, management and staff, thank you from the bottom of our hearts for your continued support and generosity.

Warmest regards,

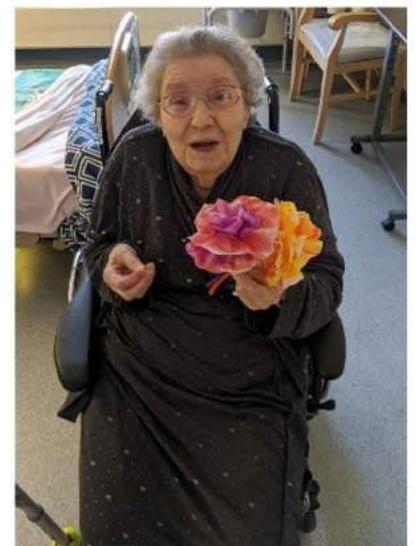
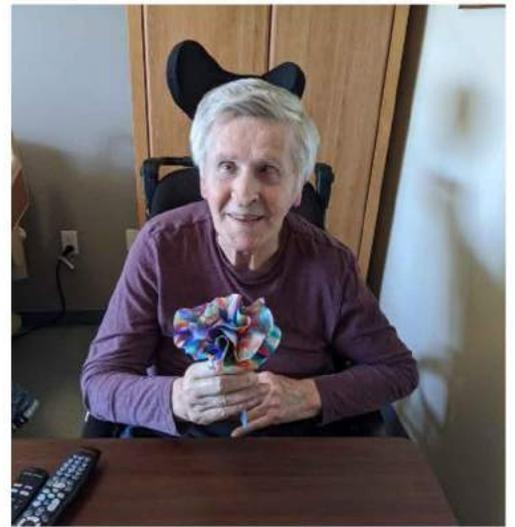
Andrew Iacobelli
Chair, Board of Directors Villa Leonardo Gambin



Living the Culture

During the COVID-19 Pandemic here at Villa Leonardo Gambin, we have received such amazing support from our families, donors, and the community. We would like to acknowledge Vaughan Together for Long Term Care 2020 by Romina Monaco and Jason Polsinelli. They have provided us with hot meals for our hardworking staff throughout many days of the week and weekends. Romina and Jason have worked hard to provide our residents with live entertainment during this difficult time. They have uplifted the spirit of both our staff and residents here at VLG. Our families and those in the community have provided us with hot meals, cookies, cakes, live entertainment, Personal Protective Equipment, and unconditional love and support during these trying times. We continue to grow together as a team here at VLG, and overcome the battle of COVID-19. Our Frontline Workers have worked tirelessly to ensure the safety and well-being of our residents, while risking their own lives. We are forever grateful for them in doing such an amazing job being able to provide to our residents and staff on a daily basis.

Although our residents are unable to participate in large group programs, the Recreation Department here at Villa Leonardo Gambin have found innovative ways to interact with our residents. Hallway BINGO, Exercise, Art Therapy, and Music Therapy. They have utilized many resources online available to the community such as: Ripley's Aquarium, Toronto Zoo, and Virtual Tours on YouTube. Our residents have had the opportunity to connect with their families via FaceTime and Google Duo. Maintaining the five domains of wellness: physical, spiritual, emotional, social, and spiritual is imperative to our residents during this time. We went to ensure the safety of our residents, but most importantly their mental well-being.



Mother's Day Celebration

Mother's Day was celebrated differently this year at Villa Leonardo Gambin. Residents and their families on a normal Sunday afternoon would be invited to our annual Mother's Day brunch. Unfortunately given the circumstances of COVID-19, we were unable to host this special event to our residents and families. Instead, the Recreation Department developed a Mother's Day video that was shared with all of our amazing families via email during this difficult time. Please find the YouTube link below. They also had a special visit from Project CLIF-Changing Lives with Inspirational Floral who generously donated beautiful flower arrangements for each of our residents, with a personalized card of words of encouragement and support. Thank you to the donors: Angelo and Elisa De Carolis and Family, MDF Service Inc., Shoeless Joes Sports Grill and Rossana Lo Faso for supporting Project CLIF and bring sunshine to our residents during these trying times.

https://www.youtube.com/watch?v=qQysBM_a8Cs&feature=youtu.be



NOT ALL HEROES WEAR CAPES

Thank you to all who donated to our Frontline Worker's Fund and in-kind.
Your generosity is appreciated more than you know!

Follow us on Instagram for updates and Thank You Messages to our donors.







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A Message from Friuli Terrace

Our last newsletter spoke of the onset of the COVID-19 pandemic. Our lives have been turned upside down. The virus has taken family members, friends, coworkers and caregivers. The economy has ground to a standstill, as we try to limit the spread by physical distancing. We are slowly inching to re-opening, trying to regain some sense of our old lives. There is a new normal...which includes days, weeks and months of not seeing loved ones, family and friends. There are sacrifices that everyone is making...which we hope, in time, will allow our society to return to some sense of normalcy.



Please wear a mask! Wash your hands! Wear gloves! Practice Physical Distancing!

I cannot stress this enough....this will protect you and protect those next to you....this will enable you to go out shopping, gardening, walking, visiting family and friends....wearing a mask, in particular, and practicing physical distancing will go on for some time....if we all do it, we can reduce the spread of the virus.

For our residents, it has been a long, difficult few months, as programs have been cancelled, group activities eliminated, and some Assisted Living services were reduced.... CHATS has been increasing the Assisted Living supports to get back to pre COVID-19 levels, stressing the safety and health of the residents and the staff. Again, wearing masks, gloves, physical distancing as required.

As part of the CHATS Outreach Program, staff have been doing Telephone Reassurance program, which includes friendly calls to seniors in our building, and a Rosary Teleconference Group call twice a week.

The Day Program, which was operating five days a week from 7:30am to 6pm was put on hold, and as you can imagine, this impacts the seniors who participated, and their family members, as both benefited from this wonderful program. Seniors in the community who are often lonely and isolated at home, were able to socialize and participate in group activities, and their caregivers, oftentimes their partners or children, would have peace of mind that their family member was in a safe, secure and loving environment for a few hours a day. At this time we do not know when the program will reopen, but are hoping it will be soon, with new COVID-19 mandated rules to protect the participants and the staff. The beautiful weather has enabled all of us to get outside, and at Friuli Terrace this means it is time to start gardening! The community garden plots in the back of the building have been allocated, a schedule prepared, and strict garden policy procedures implemented....we are asking that everyone adhere to the policies, to allow everyone time to garden safely. The air conditioning was turned on May 22, just in time for the heat wave!

Increase cleaning protocols continue to be in place, and I want to thank all our residents for their patience and resilience during this difficult time...and a great thank you to our superintendents, Paola and Italo, staff and our property manager....

Angela Bosa-Slokar
Friuli Terrace - Friuli Benevolent Corporation
President

COVID-19 AND THE COMMUNITY GARDEN

The Provincial Government has amended the existing emergency order related to COVID-19 to allow the use of community gardens across Ontario. Your community garden is a great source of fresh food without visiting a grocery store as well as an enjoyable and rewarding pastime.

Below is a brief summary of the Public Health Recommendations for the use of community gardens to help reduce the spread of COVID-19 including maintaining physical distance of 2 metres between people at all times, practicing good hand hygiene and staying home when you are sick.



Entrance Restrictions

1. Anyone with symptoms of COVID-19 or who have been in close contact with a confirmed case is not allowed in the garden area.
2. Non-residents and visitors should not be permitted to enter garden area.
3. Gardens are for planting, maintaining and harvesting food only, not for gatherings or events.

Physical Distancing

1. Maintain a distance of at least 2 metres from others at all times.
2. Limit the number of gardeners to ensure proper distancing protocol by taking turns or scheduling.



Hand Hygiene

1. Ensure adequate hand hygiene before entering and upon leaving garden area.
2. Handwashing must be done with soap and water at hand washing station, or hands are to be wiped clean with a moist towelette before using hand sanitizer.

Sharing Equipment

1. Do not share gloves!
2. Any tools, or equipment being shared must be cleaned and disinfected before and after each use, first with soap and water and then wiped with disinfectant.
3. Frequently touched surfaces i.e. hose attachments, door handles and tools must be cleaned and disinfected after each use.



Follow the posted COVID-19 policies and procedures specific to the garden use at all times and enjoy all the time spent in your garden!



Eta D'oro

We are happy to announce that Amalia Sabadini celebrated her 100th birthday on May 2nd. We were sorry that the celebration planned for her by the Gruppo Etá D'Oro could not proceed but we look forward to celebrating this special occasion with her at a future date. From the Gruppo Etá D'Oro we wish her continued good health.

Unfortunately, since the beginning of 2020 we lost five of our Gruppo Etá D'Oro members - Emilio Manarin, Fiorina Bortolussi, Ercole Furlan, Anna Moretti and Augusta Zancai. They will be missed by all of us and our sincere condolences go out to their families.

In conclusion we wish all our Etá D'Oro members continued health. To all, be safe and see you soon.

Miss Edi Antonini



Toronto, Maggio 2020

Comunicazione dal Presidente del Gruppo Eta` D'Oro ai membri.

Carissimi amici,

Colgo l'occasione di questa edizione del Forum per comunicarvi le poche novità avvenute nei ultimi due mesi. Dal 12 Marzo, tutte le attività del nostro Gruppo Eta` D'Oro sono rimaste sospese e, dalle previsioni delle autorità governative, non ci sono ancora indicazioni che possano prevedere un termine alle presenti norme restrittive e un possibile felice ritorno alla abituale vita sociale. Come nota di raccomandazione, spero che tutti di già abbiate seguite e continuate a seguire i consigli nel mantenere tutte le precauzioni indicate dalle autorità per prevenire il propagarsi del presente virus COVID -19.

Come nota gioivale, sono lieto di annunciare il 100 esimo compleanno della nostra cara membra, Amalia Sabatini, da lei celebrato il giorno 2 Maggio. A nome di tutti noi membri, a lei sono giunte le nostre congratulazioni con fiori e cioccolattini. Sfortunatamente Il Gruppo Eta` D'Oro non ha potuto celebrare con lei questa speciale occasione nel modo programmato ma se il futuro ci sarà favorevole, lo faremo al ritorno delle nostre abituali attività.

Nel accomiarmi, vi auguro salute, giorni più felici e un arrivederci in breve.

Mandi,

Nino Blasutta – Presidente – Gruppo Eta D'Oro



For what you want in life. Bank, borrow and invest with us.

Famèe Furlane Sports

A longstanding group among the Famèe Furlane and FF Sports scene has for many years been the DOLOMITE SKI GROUP. A passionate group of skiers founded this group back in 1975. Since then, the activities of this jovial but always competitive group have based themselves on the spirit of friendship and love of sport. From their first cross country ski outings and family days at Seneca College, alpine ski days around the local GTA area, bus trips, summer picnics, trips out west, to Italy and the always talked about annual trip to Mont Tremblant; always accompanied by never ending foods and drinks... the memories are many.

This wonderful group founded by Adriano DeCillia, Sante Fasan, Lou Roman, Arrigo Rossi, Carla Rossi and Daniela Scaini has allowed for a generation of skiing enthusiasts to visit and see the changes in ski throughout its 45 years. Always looking to engage families and youth with its activities. The DOLOMITE group also instituted its very own race activities and trophy to remember its member history, The DeCillia Cup! Now under the leadership of group chair Mara Mian and committee members Carla Bomben, Ariella Marcuz, Ivana Pontisso, Mara Querin and Giamba Toniolo, the DOLOMITE group will undoubtedly be around the ski hills for another 45 years.

CONGRATULATIONS TO THE DOLOMITE SKI GROUP FOR REACHING SUCH A WONDERFUL MILESTONE.



AND WAITING IN THE WINGS...

While we all wait for the COVID-19 pandemic to pass, all the other FF Sports activities are in a wait and see pattern as they all await the day that government restrictions to be lifted to allow the activities of the Bocciofila, Soccer and Golf to continue and go forward. All subject to restrictions on group gatherings, the Bocciofila is chomping at the bit to restart its tournaments, Friuli FC is waiting for July as a tentative start date and the FF Golf Classic has been rescheduled for August 26. Hopefully this pandemic and the resulting postponements and cancellations will come to pass, and we can all look forward to getting back to our beloved activities.

Quarantine Cuisine

It's difficult to pick the exact day that one could say the quarantine started but for me it was March 15th. By then we were all very alarmed at the rising death tolls in Italy, many of them in the north. By March 22nd, it was official. The whole city was going into lockdown, schools closed, long-term care homes allowed no visitors, bars closed, and restaurants were takeout only. We were told to stay home and isolate ourselves except for food shopping or doctors. People rushed to stores to load up on cleaning supplies, disinfectant, masks, toilet paper, flour, yeast, sugar, pasta, tomato sauce, wine, beer – anything to help us stop the spread of this vicious virus – COVID-19. Stores ran out of all the basics and there was an air of panic in the city. It was a bit surreal and a lot scary.

That was probably my impetus to start baking and cooking and preparing food like never before. Listening to my “gut” literally, I realized I was attracted to the simple familiar food of my childhood and my Furlan roots.

There was a lot of polenta involved as well as hearty red and white wines and always a shot of grappa around the corner. I started posting photos of my “quaranteating” on Facebook. It started with asparagus and eggs, so fresh! My friends responded asking for the recipes, asking if they could come to my house. And then of course there were desserts, like Nonna's Almond Ricotta and Lemon cake. For Easter I made taralli from a friend's recipe in California. My cousins and I decided to have Zoom dinners. It started because the al Fogolâr restaurant was closed and had planned to go there on gnocchi night. So we all made different gnocchi. Another night, we all made risotto, mine with asparagus. I would get hankerings for different things. Every once in a while I would make *ôuf sbattut* for breakfast the way my Zia Maria would make for me as a child.

Food was both a comfort and a distraction for the news as deaths and infection mounted. And it was a smart thing to do. *Risi e bisi*, *polenta with peperonata*, *fasiol insalata*; all these foods and more were and are still a way of connecting with family, traditions, friends and goodness.

Cooking and eating well during this pandemic is a gift not everyone has. I connected with neighbours who were shopping and sharing food with those who did not have any. The connection with friends and family through sharing the food and cooking made the days less lonely. The whole experience filled my heart with gratitude for all the things we too often take for granted and made me realize that it is often the simplest things give the most satisfaction.

Photos and article by Lairetta Santarossa



STRONGER TOGETHER

Over the last 16 years, Villa Leonardo Gambin (VLG) frontline workers have been the backbone of our home. They have always worked hard to exceed in providing the highest quality of care for the people they are honoured to serve. Today, our VLG team is faced with the most difficult of circumstances but they continue working harder than ever to care for the residents in this unprecedented time.

Many members of the community have asked how they can help. We ask that you consider donating in honour of our frontline staff. These people are risking their health and the health of those they love to care for the residents of VLG. Any donation would be appreciated to assist with the increased needs of our frontline workers and the escalated costs of care at this time.

To make a donation to our front line workers please visit our website villagambin.com or call the charity office at (905)-856-7619.

Please be safe, take care of yourself and be kind to others.

We're all in this together!

DONOR INFORMATION

Name: _____ Company (if applicable): _____

Address: _____

City: _____ Prov: _____ Postal Code: _____

Telephone: _____ Email: _____

Villa Leonardo Gambin Charity does not sell, rent trade or share its mailing list.

DONATION AMOUNT

I would like to make a difference with my gift of: \$100 \$75 \$50 \$25 Other: _____

This gift is: In Memory of In Honour of: _____

PAYMENT DETAILS

PLEASE PRINT

Please select one of the following payment options:

Cash Cheque* Visa Mastercard Amex *Is this a corporate credit card?* Yes No

Card #: _____ Expiry Date: _____ CVV No. ** _____

Name on Card: _____

Signature: _____

* Please make cheque payable to: Villa Leonardo Gambin Charity ** VISA & MC: The 3 digits printed on the signature panel located on the back of the card AMEX: The 4 digits printed on the front of the card just above account number

A Charitable Tax Receipt will be issued for donations of \$20 or more.

In light of the ongoing COVID-19 health restrictions, ALL operational and social activities normally held in the Friuli Hall, Canada Room, La Saletta, bocce courts and al Fogolâr Ristorante continues to be suspended until further notice.



**AUTHENTIC AND CLASSIC FARE
WITH A FRESH NEW LOOK**

It hasn't been easy navigating our way through this pandemic, but we continue to pour our passion for good food and hospitality into bettering ourselves for when we can reopen our doors and welcome you back!

With a few touches,
we are excited to reintroduce you to



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Friul Infats Answers:

1. Campanile di Mortegliano (Mortegliano, UD; 113.2 metres)
2. St. Luigi Scrosoppi (born in Udine, UD, 1804 – 1884)
3. Trieste, TS
4. Pordenone, PN
5. Resia Valley, UD
6. Giorgio Di Centa (born in Tolmezzo, UD, 1972)
7. Colloredo di Monte Albano, UD
8. Pallacanestro Trieste
9. 442 years (1355-1797)
10. February 10, 1947 – October 5, 1954

Piccin, Bottos

Barristers & Solicitors

Suite 201
4370 Steeles Ave. W. (at Pine Valley Dr.)
Woodbridge, ON L4L 4Y4

Tel: (905) 850-0155
Fax: (905) 850-0498
fpiccin@piccinbottos.com

Keep
in touch
with us:

-  Facebook@fameefurlanetoronto
-  Instagram@FFNorth
-  reception@fameefurlane.com
-  www.fameefurlane.com
-  (905)-851-1166