Volume 23 Issue 3 FALL 2023

# FORUM

Famèe Furlane Toronto www.fameefurlane.com

Friuli Benevolent Corporation www.fameefurlane.com

Villa Leonardo Gambin Charity www.villagambin.com

# Celebrating Furlan Bounty



































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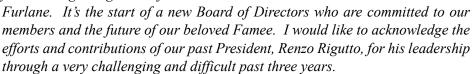
CREATIVE DESIGNER
Flavia Muraca

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# OUR PRESIDENT'S MESSAGE

New seasons bring new change. September is a time for new beginnings even for us here at the Famee



When we take a moment and recognize how much has changed, it is a testament to our members and our club that our very tenacity and vigor is what keeps our spirit of "famee" and community at our core.

As with any new chapter, we now look to a positive future full of continued changes which will better serve our members and club as a whole. I would encourage all members to attend our monthly meetings so that we can all participate in the decisions and direction of our Club. We have a robust and exciting calendar of social events which we will continue to build on and invite our members to participate and support.

I am excited and honoured to be your President for this next term. I thank you all for your support and look forward to writing our next chapter together.

Joe Zamparo President





# Thank you for being part of our Celebration!

In appreciation for the generous sponsorship demonstrated by Primont Homes for our 90<sup>th</sup> Anniversary Luncheon, Joe Zamparo presented a plaque to Joe Montesano, President, and Peter DeBiasio, Chief Operating Officer of Primont Homes. The Famee Furlane Toronto Board and Membership extends sincere a Thank You to Primont in helping to make our celebration a terrific success.

# **ANNUAL GENERAL MEETING**

The Famee Furlane Toronto Annual General Meeting took place on June 27<sup>th</sup>, 2023. The meeting was very well attended with quorum easily surpassed. Members received copies of and approved the FFT financial statements for fiscal year ending April 30<sup>th</sup>, 2023, as well as appointed the accounting firm of Fazzari & Partners for the ensuing fiscal year.

Elections were also held that evening. Renzo Rigutto's term as president came to an end, and the election for president resulted in Joe Zamparo being elected to a three-year term. No stranger to the FFT and its membership, particularly the resolve he exhibited during the last few years in protecting the members' future, we wish Joe much success in his new role.

The Board and membership wish to extend a sincere thank you to outgoing president Renzo Rigutto, who throughout his tenure, Renzo's hardworking, steadfast resolve to see the FFT through its most rocky period in history was at the forefront. He always led with unflappable control, particularly during contentious times, passion, and commitment. Renzo your conviction in the Famee Furlane Toronto its history, customs and traditions is undeniable and once again we extend our deep gratitude and thanks for your commitment and friendship.

Elections were also held to fill director vacancies. Sadly, we lost Rosanna Cannella and board terms for Paul Castellarin, Lauretta Santarossa, Sonia Pittis, George Rodaro and Flavia Muraca also came to maturity. With the reduction of the board from eleven to seven members, and Joe Zamparo's relinquishment as director to run for that of President, three director vacancies resulted. We extend a sincere thank you to the hardworking parting members of our board. All essential team members, your hard work, commitment, friendship, and support will be missed.

As a result of the election, we congratulate Flavia Muraca on her re-election for another term. Flavia's eye for minutia and flair for creativity is much relied on.

We also congratulate and welcome newly elected board members Mara Mian and Steven Sedran.

Mara Mian is no stranger to members. Former FFT board member and longtime volunteer, Mara is committed to another 3-year term. Hardworking and focused, Mara forges ahead with the attitude - cut through the rhetoric and do what needs to be done.

Lucky for us, Steven's involvement with the FFT 90th anniversary celebrations and his desire to become much more involved with the FFT overall consequently materialized in his nomination and election to the board for this 20-Somethings Group member.

AT YOUR SERVICE

In summary, your new board is now comprised of:

Joe Zamparo – President Melissa Zamparo – Secretary Flavia Muraca – Marketing & Communications Steven Sedran – Activities and Culture

Roberto Clocchiatti – Treasurer Ivana Pontisso – Vice-President Mara Mian – Membership

Bon lavor a dudj!



Joe Zamparo



Flavia Muraca



Mara Mian



Steven Sedran

# THE FAMEE FURLANE TORONTO PICNIC

#### **A Tradition Continues**

The Famèe Furlane annual picnic has been a beloved annual tradition since our beginnings. This year was no exception. With attendance and atmosphere somewhat subdued after a two-year hiatus because of Covid and a change of venue due to the sale of the Oakville Club property, it nonetheless was still most enjoyable. Close to 200 Furlans gathered with friends and family to celebrate being together "al fresco" at the beautiful Albion Hills Conservation Park.

With "kitchen" facilities unlike what organizers have been accustomed to, Gianni Ceschia, Mara Mian and new FFT president Joe Zamparo with their team of volunteers cooked up a great lunch of pasta and salsiccia with fixings. All was gone and there were no leftovers to contend with! Only the polenta was missing.

The ever-popular Pesca, organized by Melissa Zamparo along with her volunteers, was its usual success with a terrific selection of prizes and big winners. This year's sponsors included The Famee Furlane Bocciofila Group, Eta D'Oro, Famee Furlane Women's Auxiliary, the Dolomite Ski Group, The Friends & Family Golf Group, Italpasta Limited and Ferrero Canada Limited. Heartfelt thanks are extended to our sponsors, whose generosity contributes greatly to the pesca's success.

Brandon Nonis and Lauren Sacilotto were more than a little excited with their big winnings – Brandon the bike and Lauren the pizza oven. Congratulations kids!

There was a pool on site, but missing this year were the usual fun games. New to the picnic was the attendance by family canine pets. While all on leashes as was required, it was nice to be introduced to yet another family member.

While smaller than usual, it was a lovely lively day and we've taken notes! Organizers who were just getting their feet wet again and hoping to build on this year's success, are already planning for next year.

#### Lauretta Santarossa







Brandon Nonis winner of the bike was absolutely thrilled.



Lauren Sacilotto winner of the pizza oven with parents Claudio and Christina proudly showing off her big win!

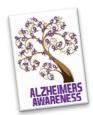
# AT LAST! MAKING MORE FURLAN PICNIC MEMORIES





# **Every Meeting is an Adventure!**

The FFT Women's Auxiliary is an organization that prides itself in promoting and maintaining the Friuli customs, traditions, and history, as well as, pursuing new adventures and learning for its members.



We started our new season on September 20, and it outlined an exciting year with a focus on health, wellness, and safety. Members will also be grooving and participating in an Italian line dancing class which should be quite energizing and fun.

The October 11 meeting will delve into the world of Living with Alzheimer's as well see members raise their 'pinkies' during High Tea at the Ontario Legislative Buildings in the afternoon of October 13.

Along with a fun lesson on Italian Line Dancing, November 9 brings elections for positions of chairperson and treasurer. If interested, make sure to come and make your voice heard to volunteer for positions, nominate or vote.

This year, two trips to Fallsview Casino have been scheduled, the first for November 19 and then again on June 23 for all those who feel lucky or just want to enjoy the outing.

With the approach of Christmas, December 13 will find the Auxiliary involved in a toy Drive, keeping with the spirit of giving. I am sure more causes will arise which will willingly be taken on as well.

Our January 10 meeting brings on a search for the *Befana*, by way of an entertaining dress up contest along with traditional refreshments.

Furlan crostoli, forever synonymous with Carnival, February 14 will have the women participating in a crostoli tasting contest and recipe sharing. A delicious night for all and a nice way to celebrate Valentine's Day.

March 8 is International Women's Day. The FFWA will gather on March 3 to celebrate and acknowledge the female gender. Our members will be contributing their voices prior, on how this event will be celebrated.



April 10 has members being presented with a safety talk on Fraud Prevention for Seniors along with discussions and sharing of experiences.

May 8 finds us being informed on dealing with and Living with Diabetes with a Q&A to follow.

Finally, June 8, we're off to the Culinary Studio, cooking with Gianni Ceschia. Sounds delicious!

Although the above are already planned, we won't hesitate to add other events or topics members wish to experience or share. So come out and join us for fun, learning and health experiences. We are always looking for new members with a Furlan connection and look forward to seeing new faces and always the "old" ones. Along with the customary notable Furlan series and highlights of our Furlan "home" roots, our meetings are open to varied new topics and discussions and a place to meet, greet, laugh and chat. Hope to see you there!

Ughetta De Piero.





# **NOTIZIE DAL GRUPPO ETA' D'ORO**

Seppure l' avvicinarsi dell' Autunno e la seguente stagione invernale abbia a incidere le proprie possibilità fisiche, consapevolmente grati della loro salute e la loro avanzata età, molti dei nostri membri ancora trovano divertimento nel condividere amichevolmente alcune ore ogni Mercoledi nel gioco della tombola e delle carte. Negli intermezzi viene generalmente servito gratis il caffe' con biscotti a tutti i membri presenti. Purtroppo certi programmi degli anni scorsi son stati sospesi dovuto all'incombere del covid-19 e le seguenti varianti sulla salute di molte persone anziane. Nella maggioranza dei casi, le

vaccinazioni ci hanno dato il modo di poter sopraffare il virus e la speranza di poter continuare una vita sociale come in precedenza. Tuttavia, rimane ancora la possibilità che l'anzianità renda l'immunità fisica piu debole e propensa a soffrirne le dure cosequenze. Non ostante il sopra inticato, il Gruppo Eta d'Oro fara il possibile di dare il benvenuto a tutti i suoi membri ogni mercoledi fin che le benevolenze della Famee Furlane, del nuovo proprietario e l'assenza dei virus ce ne dia la possibilita.

Cordiali saluti dal presidente, Nino Blasutta.

# **20-SOMETHINGS**

Happy Fall! Our social group is excited to announce some upcoming events this season that promise to be memorable, including a bowling extravaganza, Halloween themed outing and the annual "night on the town" to name a few! This past summer, our members got together for dinner and karaoke in Market Lane in Woodbridge. The evening consisted of dinner and dancing in the market square under the stars! We had a wonderful time and look forward to making many more memories in the months ahead.



Stay tuned in next month's edition for an interview with one of our members about how our group has positively impacted them!

We are always looking to grow our family and encourage new interested individuals to join us!! We are a large group consisting of members ranging in age from 20's to 40's. Our common bond is our heritage and age is just a number when we get together! Please come out and get to know some new faces! Bring your friends and family members for an evening of laughs and good company! Our connection is always instant and lasting. Contact Vanessa Lovisa-Gambin at <a href="mailto:20somethings.famee@gmail.com">20somethings.famee@gmail.com</a> for more information on how to join and become more involved! We will provide all the details necessary for upcoming events via email.

We hope to see you soon!

Mandi, Vanessa Lovisa-Gambin, 20-Somethings President

# FFT BOND AND CERTIFICATE - LAST CALL

Now that the summer hiatus is behind us – we are picking up where we left off in June, but only for a short while. If you have not had the opportunity to claim a reimbursement of your Famee Furlane Toronto Bond or Certificate, please give consideration as to how you wish to move forward with either:

- 1. Applying for reimbursement of either or both
- 2. Leaving either or both as a donation to the Famee Furlane Toronto no income tax receipt
- 3. Leaving either or both as a donation to the Villa Leonardo Gambin income tax receipt

Please call the office at 905-851-1166 to provide your intention on how you wish to finalize this matter. Please note an end date of October 31<sup>st</sup>, 2023, has been set to reclaim any reimbursement.

# IL TAGLIAMENTO "Il Re dei Fiumi Alpini"

When questioned to be specific about where in Friuli you come from, you may be asked: "di ca o di là '?" The WHAT you may be di ca o di là of is the river, il Tagliamento, also called Tiliment or Tajamento, depending on whether you are di ca o di là. The reason for these changes in pronunciation is that the river forms the border between provincia Udine and provincia Pordenone and for a while with Veneto, thus having its name pronounced in the local dialect. Whatever side you come from; it is a mighty river.

The source of il Tagliamento is near the Mauria
Pass in the municipality of Lorenzago di
Cadore, at an altitude of 1,195 metres. In the
first stretch it flows in the historic region of
Cadore, crosses the whole of Carnia from west
to east, then turns southward. After 170 km it flows into the

Gulf of Venice between Lignano Sabbiadoro (UD) and Bibione (VE). At its widest, the river is 2 km across.

Il Tagliamento is characterized by its series of intertwined canals. It is one of the few rivers in Europe to have kept the dynamics of these intertwined channels preserved.

The river is a precious and interesting ecosystem, considered to be the 'last wild river of Europe', meaning it has experienced practically no intervention from humans, in the form of dams or changes to its course. It maintains its original riverbed and corridor. Because of this characteristic, il Tagliamento is studied by universities and research institutes located all over the world. In July 2020 a petition was presented seeking Unesco Heritage Site recognition for the river.

As it wends its way through the region, the river passes near and through many towns and cities, influencing them directly or indirectly.

The first it reaches is *Forni di Sopra*, located at the top of the Tagliamento river valley, in the Dolomite Alps. This town of fewer than 1,500 people, is a popular tourist destination in summer and winter. In winter, the Alps provide exhilarating skiing; in summer the river allows for swimming in its cool waters, and hikes for walks and bike riding along the shore.

Just past the city of Tolmezzo, renowned for its day and nighttime skiing, the river turns southward, where the river Fella joins it. It flows past Venzone, then passes near Gemona del Friuli. Brought to world attention by the earthquakes of



The river's unique system of intertwining canals visible on a map

May and September, 1976, these towns became admired for the 'Friuli Model' which undertook their restoration and rebuilding. Today the local museum's displays show the destruction and careful rebuilding. Though not completely destroyed, the Cathedral of Santa Maria Assunta has been restored, retaining its Romanesque and Gothic elements, first created in 1290. The bell tower was rebuilt over a number of years.

On its way south, the river passes by another medieval city, that of Spilimbergo. It is home to the *Scuola Mosaicisti del Friuli*, created in 1922, and today attracts students from near and far. The river played its part here, too, influencing these students with the flat stones found along its shores. Hammered into tiny pieces or tesserae, they are included in works of art adorning walls

around the world. In the early 1920's many students and artisans from Friuli created the mosaics adorning the walls of the newly rich in New York. There were so many *Furlans* at work there, a 'little Friuli' grew on Manhattan's streets.

Continuing south, the river flows smoothly in its canal pattern and passes the larger cities of Codroipo to the east and Casarsa to the west. Codroipo was a commercial centre during the Middle Ages. Nearby is Villa Manin, a historic home, today a centre attracting tourists who admire its gardens and visit its art gallery, attend a concert or conference on the grounds or stay at its hotel. Casarsa was the home of the Iacuzzi brothers, whose family created the Jacuzzi baths. It is also the birthplace of Pier Paolo Pasolini, poet, writer and filmmaker.

On its way to the sea, the river greets Varmo and Morsana, then begins a series of twists and turns, for the next 20 km passing by San Giorgio, San Michele and Latisana.

And finally, the sea – Il Tagliamento has reached its destination, flowing past the sandy shores of Lignano Sabbiadoro, and a little further west, Bibione, to join the Adriatic Sea. Both Lignano and Bibione offer beautiful sandy beaches, hotels, guest houses and apartments for rent, shopping, varied cuisine, and water sports.

First inhabited in the 1930's Lignano has grown to become a world-famous beach resort and marina. Its population of 6,000 swells to some 300,000 over the summer season. Even Ernest Hemmingway came. In 1954 he visited, declaring Lignano "the Florida of Italy".

### Famèe Furlane Toronto

In addition to the sunbathing, golf, and the many shore activities, guests can cruise il Tagliamento along its last 5.5 km to the sea. From May to September a ferry service offers a leisurely way to enjoy the mighty river, along with a plate of pasta and a glass of wine, of course.

To cruise it, swim in it, or bike or walk along its shores, a visit to il Tagliamento is to enjoy nature and parts of Friuli's past. Many of the towns and cities along its shore have a history going back over 1,000 years, with cathedrals and monuments

worth visiting. Whether *di ca o di là*, on it or in it, il Tagliamento is a valuable and important part of Friuli's past and present life.

To view the beauty of the river, look for the film "I Segreti dal Tagliamento" by Fabrizio Zanfagnini. The film, from 2021, inspired by the book of the same name by Cristina Noacco, can be viewed on Youtube.

Doreen Vanini



Il Tagliamento on its journey to the sea



Heading south from its mountain origins, a period of calm



# WOULD YOU LIKE TO JOIN THE BALARINS?

### All ages are welcome!

We are excited to announce that the Balarins will be resuming practices. We are always looking for new members to join our family. We welcome children of Furlan decent age 2 and up to join, as well as adults. We are planning to begin dance classes in October 2023. These classes are to engage and connect the present and the next generation with their Furlan culture and routes through the language of dance. Classes are one night per week for one hour and there is no charge to join. It is a fun-filled time for children and families to connect with other individuals with similar heritage.







#### **Famèe Furlane Toronto**

Exchange of gifts by FFT President Joe Zamparo and VP del Consiglio del FVG, Stefano Mazzolini

# A VISITOR FROM OVERSEAS

Your President and Board welcomed a brief "drop in" visit from VP Consiglio del Friuli Venezia Giulia, Stefano Mazzolini on Friday September 8. On his trek across Canada, to familiarize himself with the beauty it has to offer, he especially had asked arrangements be made for a visit to our beloved Famee Furlane Toronto. While time was most limited, he did have the opportunity to visit Villa Leonardo Gambin before joining fellow board members and guests in the Canada Room for refreshments. The accomplishments of our members and their lasting footprint at the corner of Steeles and Islington, was at the forefront of Mr. Mazzolini's visit. He indeed was indelibly impressed with the value and impact Furlan expatriates had in its community and beyond and expressed much interest in our history.



Stefano Mazzolini sharing thoughts and extending greetings with guests

Stefano Mazzolini was a most welcome guest to our Famee, sharing his perspectives and views on similarities and differences in lifestyles and expectations in each of our countries. His humble, yet

animated personality made the evening most enjoyable. Gifted with a series of books on our history, he too presented the FFT with a beautiful copy of "Meraviglie Friulane", lapel pins, and traditional cookies from the Region, with the recipe true to its origins, dating back some 150 years.

Renzo Rigutto and a few friends also had the opportunity to accompany and spend some time with Stefano Mazzolini on a visit to the downtown Toronto area, enjoying a stop at The Distillery District.

We thank Stefano Mazzolini for his visit and the friendship he exhibited. We hope to enjoy a return visit by this gentleman.



# **ATOR LA TAULA**

#### Frittele di Nonna Maria



The basic recipe is at least over 100 years old and changes have been made over the years to suit individual tastes and ingredient availability.

Nonna Maria Rossl was orphaned at 15 and left to raise her 8-year-old brother. She learned this recipe from an older aunt. Her family enjoyed her frittele each Christmas, Easter, Carnevale and special occasions – always making half a batch without raisins and the remaining with extra raisins to indulge her children's preferences. I have carried on this tradition with my family as well and have taught Nonna Maria's granddaughter to allow her to carry on the tradition – she always without raisins and mine with extra!

Fiorella Rossl

#### **Ingredients:**

- 3 eggs
- 1 ½ cups sugar (8-10 oz)
- 2 cups milk (8-10 oz)
- 2 ½ cups of raisins (or as preferred)
- 2 Granny Smith apples (cored & grated or processed in a food processor)
- 4-6 oz Grappa preferably home-made (or liquor of choice)
- 1-2 tsp Spumadoro Fraccaro (aromi per dolci a blend of citrus oils optional)
- 1 tsp Salt
- 1 Orange zest and juice
- 1 Lemon zest and juice
- 1 Lievito Bertolini (or 2-2 ½ tsp baking powder)
- 2 Envelopes Italian Vanilla
- 3 ½ to 4 ½ cups flour or enough to make "un impasto morbido" Vegetable or other light oil for frying (not olive oil) Granulated Sugar for sprinkling

#### **Process:**

- 1. Soak raisins in tepid water until moist
- 2. Beat eggs with sugar, add orange and lemon zest and juice
- Add milk
- 4. Squeeze raisins and add
- 5. Add liquor, grated apples and Spumadoro (if using)
- In a separate bowl combine approximately 3 ½ cups flour with salt, baking powder and vanilla
- 7. Combine dry and liquid ingredients, adjusting flour to make a soft dough
- 8. Let dough rest for approximately 10 minutes
- Drop by spoonfuls into deep fryer and fry until golden brown do not overcrowd frittele while frying
- 10. Remove with slotted spoon and drain on absorbent paper
- 11. Sprinkle with granulate sugar

# FRIUL INFATS - Questions

By Jason Moretto

- 1. What olive oil from Friuli-Venezia Giulia is considered among the best in Italy, derived from olive trees that the Romans planted 2,000 years ago?
- 2. What late harvest wine is made from 100% Verduzzo Giallo grapes and has been in production since the Middle Ages?
- 3. What three Italian and Slovenian towns joined in 2011 to form a common trans-border metropolitan zone, administered by a joint administration board?
- 4. Which traditional Friulan folk song is about a handsome man from Porta Poscolle?
- 5. According to the Greek philosopher Strabo, what tribe inhabited "the country about the Adriatic Gulf and Aquileia"?
- 6. During the Iron Age, how did the Atestine culture dispose of their dead?
- 7. What Roman road linked Aquileia and Emona (modern Ljubljana)?
- 8. Who began construction of Duino Castle on the ruins of a Roman outpost in 1389?
- 9. What are the 3 zones of the seaside city of Lignano?
- 10. What 16<sup>th</sup>-17<sup>th</sup> century Friulan agrarian cult claimed to leave their bodies in the shapes of mice, cats, rabbits, or butterflies to fly into the clouds to battle witches?

**ANSWERS ON PAGE 13** 



# LIFE'S PASSAGES

#### IN MEMORIAM



#### **ONELIO PERUSINI**

June 25, 2023 Lifetime Member and Father of Member Daniela Perusini

#### ANTONIO SABUCCO

July 31, 2023 Lifetime Member and Brother-in-law to Lifetime Member Giacomo Blasutti

#### **TERESA TESAN**

August 7, 2023 Lifetime Member

#### **DENISE RITA PUPPI**

August 16, 2023 Daughter to Lifetime Member Louise Gregoris

#### PATRIZIA PREZ

August 31, 2023 Member

#### **SARA VERRE**

September 14, 2023 Daughter of FFWA Member Angee Moro-Verre

#### REMEMBERING ZINA

Zina (Teresa) Tesan (nee Luchini) was born in San Giorgio della Richinvelda, Pordenone on September 23, 1928. She left Italy to join her future husband and like many immigrants, arrived in Canada by ship, the Saturnia, at the Halifax Pier 21 in March of 1953. There, not speaking a word of English, she travelled by train across Canada to Trail



BC. A month later, on April 11, 1953, she married Tino (Sante) Tesan and settled into life, quickly becoming a part of the large expatriate community, enjoying the many social events and worked as a seamstress in a men's tailor shop. A year later construction work became scarce for Tino, and they moved to Toronto working hard to establish themselves and raise a family.

Zina loved to dance and along with Tino, family and friends attended the many social events at the Famee Furlane. She was a long-time member of the Società Femminile Friulana and enjoyed participating in their many outing and social events. Zina was a skilled seamstress who worked in the garment industry and ladies retail sales until her early 70s. She passed her sewing and knitting skills onto her granddaughters and became a partner in her granddaughter Nicole's online shop, spending countless hours together designing and making yoga bags and purses. In addition, Zina was a wonderful cook and baker who loved to host the annual summer picnic for her extended family. There was always a huge pot of penne in her delicious sugo. She was passionate about gardening and flowers and had more energy than people half her age.

At the age of 76, she became a volunteer at Villa Leonardo Gambin, a role that lasted 16 years, only ending due to covid. She was an invaluable asset to the staff and residents at the VLG and could be found serving coffee, playing *Scala 40* and helping wherever there was a need.

She lived a full life and we will always remember her smile, selflessness, and how she would go out of her way to help others. To say she will be missed is an understatement.

Predeceased by her husband, Tino and brother Ermes, Zina died peacefully on Monday, August 7, 2023, leaving daughter, Alida with husband Michael, son Nello and granddaughters Nicole, Stefani with husband Shayne, with an abundance of precious memories.

Alida DeAngelis



Under new board guidelines, the loss of a loved one will be shared with members in the Forum, an announcement to all members to include service details, and a moment of silence at the General Meetings. As such, we ask you provide the office at 905-851-1166 or <a href="mailto:reception@fameefurlane.com">reception@fameefurlane.com</a> with service details. Your "furlan" family recognizes the need for support during life's most difficult time.

TEA
<b>OLIMPIA</b>
BELLIGERO



### LA VOCE DI NESTRI ZOVINS



# TYLER SERGIO STUART BRAUND

Competitive Dance, Barre Fitness Instructor	HOBBIES & INTEREST	Team member AAA Hockey for the Vaughan Kings. Play and watch Hockey, Basketball, Baseball and Golf. Trains younger kids to excel at their sport
Father Bressani Catholic High School, Grade 12	UNIVERSITY/COLLEGE/ HIGH SCHOOL	Bill Crothers Secondary School, Grade 11
Working towards High School Diploma with intention to move on to university.	EDUCATION	Working towards my High School Diploma and will continue onto University
Working in the field of Human Sciences	CAREER GOALS	Sports Management or other Business related field.  Dream goal would be to become a professional hockey player
Nonni are from Acadia, Puglia	PATERNAL ROOTS	Grandfather Stuart born in Barnstaple, England Grandmother Anne born in Toronto, Canada
Nonno is from Valvasone, Pordenone and Nonna is from Codroipo, Udine	MATERNAL ROOTS	Nonno Sergio born in Osoppo, Friuli, Italy Nonna Lida born in Civitanova, Marche, Italy
Learning to make my nonna's crostata and listening to them speak Furlan	WHAT IS LIKED BEST ABOUT YOUR FURLAN ROOTS	Prosciutto di San Daniele and the Dolomites in Friuli
Mandi!	FAVOURITE FURLAN SAYING	Mandi!
The thing I value most from my grandparents is their work ethic. They worked so hard to give their family everything.	ONE THING OR VALUE LEARNED FROM NONNI	The value of spending time with family and keeping our traditions.
Listening to Nonno play the accordion	FAVOURITE CHILDHOOD MEMORY	Breakfast with Santa at Famee Furlane and the Picnics
Making Bolognese sugo on Sundays as well as stew and polenta	FURLAN CULTURE OR TRADITION THAT CONTINUES AT HOME	Enjoying homemade food like polenta and sausage and fresh garden vegetables



GIANNI CESCHIA TERESA SZLACHTA

For all your catering needs.
If you have an idea, we can make it happen!

91 Friuli Court Woodbridge, Ontario L4L 7H2 Tel: (905) 265-COOK (2665) Fax: (905) 265-1350 info@culinary2000.com

# FRIUL INTATS - ANSWERS

- 1. Tergeste
- 2. Ramandolo
- 3. Gorizia (Friuli-Venezia Giulia), Nova Gorica and Šempeter-Vrtojba (Slovenia)
- 4. El Plui Biel Di Udin
- 5. The Carni
- 6. Incineration
- 7. Via Gemina
- 8. Ugone di Duino
- 9. Sabbiadoro, Pineta and Riviera
- 10. The Benandanti



# Friuli Terrace



#### **BOARD OF DIRECTORS**

Angela Bosa-Slokar President

Marisa Zanini Secretary

Franco Daneluzzi Treasurer

Mara Querin Director

Mary Francescutti
Director

Armand Scaini†

#### Address:

60 Friuli Court Woodbridge ON L4L 8G8

905-856-4922





# LIFE AT THE TERRACE

We hope you all had a wonderful summer! It seems like everyone was in Italy.....fortunati!

September brings a sense of normality, the children are back at school, the tomatoes have been jarred, and the cooler weather is around the corner.



#### Welcome Fabrizio!

On May 30, a new Property Manager, Fabrizio Gulla was installed at Friuli Terrace. Fabrizio has experience in Property Management and Customer Service, and he is looking forward to working with the Residents, Staff and Board at the Terrace. Fabrizio is bilingual in Italian and English. Fabrizio is settling into his new role and the feedback from the residents has all been positive. He is courteous, efficient, and professional and we look forward to a long relationship together.

The tenants were busy over the summer months. The gardens were in full bloom, the bounty of vegetables was unmatched, the pool table has regular, competitive players, the bingo games attract a lot of interest, and our tenants are always happy to socialize.

It is important that Friuli Terrace continues to be a safe place where our tenants feel at home and can socialize with others doing events including physical activity they enjoy.

Additional activities included a Mini Bazaar.

#### Mini Bazaar

On June 17, the Club D'Amicizia held their mini bazaar in the lobby of Friuli Terrace. Although a scaled down version of the original bazaar, it was still worth a visit. On display were handmade baby clothing and blankets and baked goods proudly made by our residents. The crostoli were a top seller and if you wanted them, you had to make sure you got there early! If you were lucky enough to get some, you were not disappointed! If crostoli is not your thing or they were sold out by the time you got there, all the baked goods were delicious. (This reporter can attest to that as she sampled a few of the wares.) Also on display for purchase were previously loved items which their owners no longer had a use for. Many of these treasures were fortunate enough to find a new home. If you have never been to the Friuli Terrace Bazaar, it is a must attend event and if you are a newbie never fear Syliva S. will guide you through your experience. Residents who were not part of the sales





committee were available to purchase and support and just to socialize. We are looking forward to the fall Bazaar taking place as in years past.



#### Book and Puzzle Exchange

Friuli Terrace has received donations of books and puzzles and have set up a bookshelf where residents can borrow these items or exchange them for books and puzzles which they have finished with. The residents are also encouraged to work together on puzzles and the Terrace will provide the facility to make this happen in the future. At the Terrace, our residents are very social and enjoy each other's company. We encourage this atmosphere of camaraderie and look forward to providing them with further opportunities to spend time together.



Thank you to Rita Tesolin and family for the donation of socks to our seniors...it will be much appreciated this winter.

Friuli Terrace will have a major update this fall...we have received approval for the roof replacement, and with funding support from York Region, we anticipate the work will be done by 2024...

Finally, we are working with Villa Gambin to set up an emergency plan evacuation location...while it may seem far-fetched and unlikely, good planning with our neighbours in the event of a natural disaster is important...Thank you Villa Gambin for approaching us to discuss.

The Board of Friuli Terrace

#### **OFFICE HOURS**

The Management Office will remain closed to in-person contact but you can communicate by phoning (905) 856-4922

or sending an email to office of friuliterrace.com and setting up an appointment

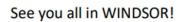
The office hours are: MONDAY - FRIDAY 9:00 am - 5:00 pm





### FOGOLÂRS 2024 in WINDSOR

The Fogolârs Federation of Canada hopes that you join us and our friends at the Fogolâr Furlan Windsor as they proudly host the congress of Canadian-Furlans from August 8-11, 2024. Further details to follow.





# Villa Leonardo Gambin



# BOARD OF DIRECTORS

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Joe Zamparo, F.F.T.

#### Executive Director, Charity Office

Cinzia Del Zotto, B.A., CFRE

#### **Administrator**

Sonia Roul

#### **Address**

40 Friuli Court Woodbridge, ON L4L 9T3 Tel: (905) 856-3939

www.villagambin.com

# A MESSAGE FROM OUR CHAIR



Dear Friends,

Although the summer of 2023 has come to an end, the season has marked a tangible transition in life at VLG. After years of coping and adapting to continually changing pandemic policies and a noticeably subdued home environment, the vibrancy and joie de vivre that was a hallmark of our café and gathering areas has returned. Family members and visitors are abound, and volunteers are slowly returning, breathing new life into our hallways to the pleasant backdrop and aromas of the espresso machine and the sounds of love and laughter.

The summer saw numerous barbeques, birthday celebrations, entertainment, and Ferragosto celebrations, punctuated with excursions to Marylake and LaPaloma. In addition, the recreation department went above and beyond (as usual), to offer our residents a breadth of activities and events, all contributing to a fun-filled summer providing quality of life and optimal health, through meaningful engagement and leisure time all summer long.

On July 26<sup>th</sup>, the new and improved IC Savings Wellness Center was revealed to a large gathering of family members, supporters, and local dignitaries, who all came out to celebrate the re-opening of this important space after a long renovation. Our sincerest thanks to Fausto Gaudio and his team at IC Savings for donating the funds needed to complete this important project. The IC Savings Wellness Center plays a crucial role in providing restorative and wellness care to residents, tailored to accommodate diverse abilities, including wheelchair accessibility.

After a three-year hiatus, we're thrilled to announce that the Oak Leaf Gala is back! Join us for an exquisite evening of elegance with a Parisian flair. The gala will be held at Monticassino, in Woodbridge, on Friday, October 20, 2023. To join us, sponsor, donate or volunteer, please go to villagambin.com or call 905-845-7619. We hope you join us this year in celebrating Le joie de vivre (the joy of life)!

Thank you to all of you - our community, our donors, our staff, and volunteers. It really does "take a village", and Villa Leonardo Gambin would not be the same without this wonderful community. We are always in need of more volunteers and financial support, so please visit our website if you are interested in helping out!

Mandi.

Andrew Iacobelli



# Introducing the Newly Renovated IC Savings Wellness Centre!











Residents of Villa Leonardo Gambin gathered recently with family, supporters and dignitaries for a joyous celebration marking the grand reopening of the revitalized IC Savings Wellness Centre.

Emceed by Sonia Roul, also the administrator of Villa Gambin, the official ribbon-cutting, which was held on July 26, 2023, also featured remarks by Andrew Iacobelli, the charity's Board Chair, Fausto Gaudio, President and CEO of IC Savings, the Hon. Michael Tibollo, Deputy Mayor Linda Jackson and Pina Conicella, who delivered greetings from Francesco Sorbara, MP for Vaughan-Woodbridge.

Re-imagined as an inviting space for residents to actively participate in their wellness journeys, the IC Savings Wellness Centre plays a crucial role in providing restorative and wellness care to residents of the long-term care home. For nearly two decades, more than 1,000 residents have benefited. For older adults in particular, structured physical activity programs can maintain or improve their mobility, gait and balance. With fitness machines and equipment tailored to accommodate diverse abilities, including wheelchair accessibility, the IC Savings Wellness Centre offers something for everyone.

Find pictures and videos of the inspiring speeches at villagambin.com.

#### Grazie Mille



On behalf of residents and its Board of Directors, Villa Leonardo Gambin thanks IC Savings, the GTA-based credit union, and its members for their unwavering commitment to the wellbeing of seniors in our community and would like to especially recognize the visionary leadership of Fausto Gaudio.



Since 2004, this independent, not-for-profit long-term care home in Woodbridge has provided an atmosphere of warmth and comfort for the 168 residents who call it home, as well as family, caregivers and visitors. With six unique home areas designed to meet the diverse needs and preferences of residents, it also provides dementia care and palliative services.

To become a supporter and to learn more, visit villagambin.com or call 905-856-3939.

# **SUMMER IN REVIEW 2023**

With Summer behind us, and cooler temperatures ahead, residents and our Recreation Department at Villa Leonardo Gambin are looking back at what was a fun-filled summer. It is with immense pride that our wonderful Recreation Department continued to enable our residents to achieve quality of life and optimal health, through meaningful participation in various programs and leisure activities throughout the summer.

Residents were excited to resume trips to Marylake Shrine in King City, as well as visits to La Paloma Ice cream shop. Villa Leonardo Gambin residents once again enjoyed Summer BBQs throughout the months of June, July, and August with delicious meals being served. Let's not forget to mention all our new entertainers that helped us in celebrating our monthly Birthday parties, Father's Day celebrations, our Re-Grand opening of our Café, Ferragosto celebrations and most recent our Tomato making program.

Prayers and picnic enjoying a day at Marylake Shrine















Residents enjoying a refreshing gelato at La Paloma in Woodbridge



















Monthly Birthday Celebrations with our Residents













Father's Day Celebrations - Best wishes to all our wonderful Fathers at Villa Leonardo Gambin

















Re-Grand Opening of the Café











One of our wonderful volunteers, Christine, is helping with our Re-Grand opening of our Café.



Residents from all floors enjoyed amazing BBQs all summer long.



Residents enjoy Ferragosto celebrations with music and spiducci.



Tomato Making Program
Residents enjoy the end of summer with the tomato making tradition.



Our residents and Recreation Department at Villa Leonardo Gambin are looking forward to having a fun-filled Fall season and creating new experiences and memories.





### **LET ME IN!**

The much familiar front entryway to the Famee Furlane Toronto no longer exists! The building as we knew it has taken on a completely different look and feel! Our offices, archives, the Canada Room and Saletta continue to house FFT staff, volunteers, and membership. Monthly members' meetings are held in the Canada Room, with groups including the Women's Auxiliary and Eta D'Oro enjoying use of the premises for their gatherings.

However, the front entryway is no longer available to FFT staff and members.



When visiting the Famee Furlane, access is through the doors on the north side of the building only. Please ring the doorbell located on the left side of the door at the entry way equipped with a handicap ramp. For security, this door is protected by cameras providing staff with the ability to see your beautiful or handsome faces.

The Saletta doors are always kept locked, unless special events are scheduled, and visitors expected. Parking along the back and side of the building is encouraged, while curbside parking at the very front is discouraged.

Thank you for your continued support.

CALENDAR OF EVENTS			
Every Wednesday	Gruppo Eta D'Oro - Bingo and Cards		
Friday, October 13, 2023	FFWA High Tea & Tour of Ontario Legislative Buildings		
Thursday, October 26, 2023	Dolomite Ski Club Reunion - FFT Canada Room		
Friday, October 27, 2023	20-Somethings Fall "Friendsgiving" Dinner		
Tuesday, October 31, 2023 - 7:30 pm	General Member's Meeting - FFT Canada Room		
Saturday, November 4, 2023	Tre-esta Festa Del 3' - The Royalton		
Thursday, November 9, 2023	FFWA Meeting & Elections followed by "Italian" Line Dancing Lesson		
Sunday, November 19, 2023	FFWA Day at Niagara and Fallsview Casino		
Tuesday, November 28, 2023 - 7:00 pm	Memorial Mass: St. Roch's - followed by General Member's Meeting - FFT Canada Room		
Friday, December 1, 2023 - 7:30 pm	20-Somethings Youth Christmas Dinner A Very Merry Furlan Christmas		
Sunday, December 10, 2023	Breakfast with Santa - The Royalton		
Wednesday, December 13, 2023	FFWA Meeting followed by Christmas Celebrations		
February 7 - 11, 2024	Dolomite Ski Trip - Mt Tremblant		



#### **FAMEE FURLANE TORONTO**

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