

**AMÔR cence
barufe,
al sa di mufe.**

**Amore senza
baruffa sa di
muffa.**

Cui ch'al CRÔT di fâle e
chei altris le fâs par sè.

Chi credi di farla agli
altri, la fa a se stesso.



Friuli - Venezia Giulia



No sta fâ ai
ALTRIS ce che
no t'ûs che di
fâsin a ti.

Non fare agli
altri quello
che non
vorresti fosse
fatto a te.

**No pò lâ ben la CJASE
dulà ch'e cjate la
gjaline inpen dal gjal.
In ogni cjase 'e jè pàs
s'al cjange il gjal e la
gjaline 'e tâs.**

**In case non cè pace,
quando gallina canta
e gallo tace.**

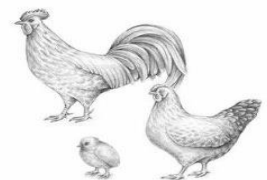
**STA ATENT DE
BORE SOT
DE CINISE**

**ATTENTO ALLE
BRACE SOTTO
LA CENERE**



Cul trop tirà la CUARADE
si romp. La suste simpri
tirade 'e piart la fuarce.

Il troppo tirar, l'arco fa
spezzar.



La ROBE no jè di cui che la
fâs ma di cui che le gjolt.

La roba non è di chi la fa
ma di chi la gode.





**Famèe Furlane Toronto
2023 - 2024
BOARD OF DIRECTORS**

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OUR PRESIDENT'S MESSAGE



Dear Members:

It has been said that the only constant in life, is change, and that could not be truer for our Famee. We have surveyed membership as to their wishes for next steps in its future. The overall consensus is to continue to grow and expand social events, while continuing to honour traditions and culture. With that said, your board is working towards making that goal a reality by exploring new and innovative experiences and activities, while also holding true to the familiar pillars of our community.

Partnering with growth, we are working towards building a new, enhanced and potentially interactive website. In today's highly digitized world, we recognize the value and importance of easily accessible information. To that end we are working towards creating a site that will not only provide accessibility to information, but the convenience of making it available to members and friends of the Famee Furlane 24/7. We recognize the increasing value of timely dissemination of information. Today we rely on the Mandi newsletter, members meetings, the quarterly Forum and periodical member "email blasts" as needed. However, providing information as and when needed is fundamental to increasing engagement in any organization. With the hoped for early fall launch of the new website, a new phase in the life of the Famee Furlane is store for you.

Most exciting however, are the efforts being put forth into finding our new home. As reported to members at the recent members' meeting, negotiations are currently underway with The Veneto Centre management to build our new home on that campus. This is proving to be a longer than expected process because we are dealing with various levels of Government having authority over this expansion, but we are hopeful things will work out soon enough. The proximity between our old and potentially new home is a bonus. With opinions voiced by many a member that they very much would like to find a new home not far from what has been fondly referred to as "our little Furlan corner"; we are working hard to fulfill this expectation. Furthermore, the Veneto Centre potential offers us much in the way of checking off several boxes in our "new home wish list".

All of these changes, along with other considerations underway, will bring renewed life and purpose to our club while staying true to our values.

I want to thank our membership for their constant support and most of all, their openness to accepting change and allowing it to better serve the FFT and its community. On behalf of myself and your board, I would like to wish you all a safe and fun filled summer and look forward to seeing you all very soon.

Joseph A. Zamparo

On the cover: Ref: Proverbi Friulani -Z.F. Beltgram & Z.N. Matalon

LA FESTA DELLA PATRIA



Congratulations to this year's Famèe Furlane Toronto Bon Furlans inducted at the Festa Della Patria on Sunday April 7, 2024. The day's celebrations included the viewing of *"I Segreti del Tagliamento"*, a movie depicting both spectacular views and insights into this Furlan Natural Wonder. It continued with the reciting of *"Il Tiliment al Conte Storis"*, a poem written by member Alberto De Rosa and read by Edda Picco.



The proclamation giving Friuli its autonomy was expertly read by *"Duca"* Gianni Ceschia, who then continued the ceremony by bestowing the Order of Bon Furlan on George Rodaro, Rosemary Maraldo, Mario Piasentin and Daniela Perusini, longtime hardworking volunteers and members. Time and again these individuals exhibited their support and commitment to the Famèe Furlane Toronto. Congratulations on the well-deserved recognition!



The celebration of our Patria and the honoring of our Bon Furlans then continued with enjoying a variety of donated homemade goodies, accompanied by un *bon tai di vin*.



Thank you, Oretta Avoledo and your team of volunteers, for organizing the afternoon.

Ivana Pontisso



GROWING OUR MINDS

Do you know how Friuli got its name, or that over the millennia it was invaded over 47 times? That Aquileia was one of the largest cities in the Roman Empire before it was sacked by Attila the Hun? How's your Furlan? Could it use some improvement, or do you just want to surprise your nonni with a bit of conversation in Furlan? Questions like these and others were answered for 25 lucky participants, while at the same time learning or improving their furlan language skills, both written and oral, no matter the skill level. The ten short weeks of the Furlan History and Language Class were packed with information.



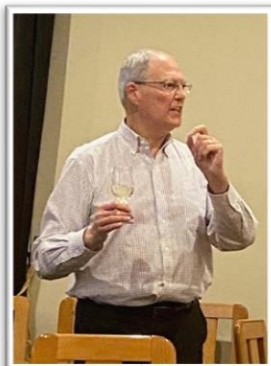
Friuli's rich and complex history was brought to life under the guidance of Rosemary Maraldo and enriched by the lively recounting of the experiences of students and their families. Furlan language was taught by Andrea Cosolo, and Fernando Clabassi, and was tailored to both those wishing to improve their good language skills, and those who were pretty much beginners. All in all, the classes were a great opportunity to learn how Friuli was shaped over the centuries, what forces helped create the culture we inherited and continue to enjoy, and to keep alive the language of our parents and grandparents.



As an added bonus, the last class featured a presentation by Bruno Meneguzzi, on the wonderful, award winning wines of Friuli, and included a tasting of a lovely white from the region. Students were presented with a

certificate of participation and were treated to cake and coffee to celebrate the end of the course. While this session is now complete, another session is planned for the fall. Not only are participants enjoying the opportunity of opening doors to Friuli, but also creating new friendships and having fun.

Rosemary Maraldo



FRIÛL INFATS - QUESTIONS

1. What two regions in Italy have the highest proportions of senior citizens to children?
2. Where are the Birds of Prey Recovery Center located in the Friuli Dolomites Natural Park?
3. For whom did Napoleon create the noble title of “*duc de Frioul*” in 1808?
4. What troops invaded the Friuli region between 1479 and 1503?
5. What city is the largest coffee producer in the Mediterranean?
6. What is the top grape variety planted in Friuli, with over 20% production?
7. What was the capital of the 3rd century’s Roman VIII provincia - Venetia et Histria?
8. What Gaulish tribe of 50,000 arrived in Friuli-Venezia Giulia in 186 B.C. and established a stable defensive settlement named *Akileja*?
9. When did the development of Lignano Pineta commence?
10. What prestigious designation was granted to Friuli-Venezia Giulia for 2024 by the *European Committee of the Regions* in recognition of outstanding and innovative entrepreneurial policy strategy?



Jason Moretto

Answers on page 24

IT’S A STRIKE!

The Famèe Furlane Toronto Bowling Night on Friday, May 10, was a smashing success! Young and old alike gathered at Splitsville Woodbridge for an evening filled with strikes, spares, gutter balls and plenty of laughter. The event brought together 36 participants, ranging from seasoned bowlers to enthusiastic beginners, all coming together to celebrate community spirit and enjoy a fun night out.



Left to Right: Steven Sedran, Sonia Tomei, Joe Zamparo & Moreno Clocchiatti

Aside from the evening’s biggest highlight – the overall success - it also did include:

Most Dangerous Player – Moreno Clocchiatti was dubbed the Most Dangerous Player by mixing both power and unpredictability of where his ball was headed, which kept everyone on their toes.

Honest Player - Sonia Tomei earned the Honest Player award for her outstanding sportsmanship and integrity.



Highest Score – Seasoned bowler Steven Sedran achieved the highest overall score, demonstrating remarkable consistency and technique.

Top Number of Strikes - Joe Zamparo dazzled everyone by scoring the most strikes of the night, showcasing impressive both precision and skill. While no turkeys were on hand – Joe did snag a few!

A big thank you to everyone who attended and contributed to the fun and success of the evening. Your participation and enthusiasm made this Bowling Night one to remember!



Stay tuned for more fun events like this and until then, continue to keep the community spirit high!

Flavia Muraca

2024 MEMBER'S LUNCHEON



On Sunday April 28th, Famèe Furlane Toronto membership gathered to celebrate 92 years! As is tradition, each year the celebration is not only to honour, recognize and celebrate the significance of its enduring history but also celebrate YOU - its dedicated members – the very people for whom it exists!

Our president, Joe Zamparo's message was clear. Members always have been and always will be the strength of any organization. As members, be proud of all that you have accomplished and recognize it is your continuing support and strong belief in its future that has facilitated a new chapter in the life of the Famèe Furlane Toronto.

He also thanked and recognized the much-valued role of groups like Eta D'Oro, Women's Auxiliary, Dolomite Ski Group, Bocciofila, Balarins and Youth have within the FFT umbrella. Each of these small groups provide focus on interests unique to its members, all the while supporting the FFT.

Lunch was delicious and most plentiful, the entertainment terrific, but it was the non-stop conversations and shared friendships that were most telling – meaningful evidence of the unity and strong bonds that connect us all.

A new and fun twist was added to this year's festivities, a most successful 50/50 draw event. Winners Lou Lovisotto and the Famèe equally shared in the \$1,450.00 jackpot. Thank you to all for your support.

Whether big or small, in house or third party, all activities require hard work, organization and commitment. Along with my event co-ordinators and volunteers who worked to bring this celebration together, a heartfelt thank you is extended to event sponsors Ferraro Canada for the chocolate treats we enjoyed and the Women's Auxiliary for the lively entertainment provided by Giordano Cattonar. Thank you both.

As enthusiasm seems to be growing with each event; its is promising that traditions will continue to have a new life in the future of our beloved Famèe. Do continue to journey with us as we move into our 93rd year.

Steven Sedran



MEMBERSHIP Let's Keep Growing!

To all fellow members, a huge thank you to all that have joined our family in 2024! The numbers keep growing and that puts a big smile on my face. Know that there is plenty of life at the Famèe Furlane Toronto! Your board continues to plan events and activities that cross all age groups! Lots more to come....

Congratulations and a big welcome to the latest group of new members:

Diana Browning, Doris Calderan, Nadia Cristina Collia, Anthony Cosentino, Maria Gilda Ridolfo Cosentino, Romana Dolcetti, Marianne Gottardo, Tiziana Hayhoe, Johanne Lozon, Evan Maltby, Eric Maltby, Paul Meiorin, Franco Molinari, Joseph Moro, Iva Muzzin, Edda Picco, Alida Pighin, Claudio Sacilotto, Marco Sacilotto, Paolo Sacilotto, Stefano Sacilotto, Mario Spagnolo, Vivian Spagnolo, Sonia Tomei, and Verna Zanardo.

If you know of anyone that wants to join our club; please have them contact the office at reception@fameefurlane.com for an application form. A reminder that the \$200.00 member initiation fee has been waived for the remainder of this year. Also, take note that you will not be able to vote at member meetings if your dues for 2024 remain in arrears. Your dues can be paid via e-transfer to membership@fameefurlane.com.

Enjoy your summer and be safe.

Mara Mian



LA VOCE DI NESTRI MEMBRI



FRANCO MOLINARI

Full Name and nick name	<i>Franco Molinari</i>
Family Furlan Roots	<i>Vilotta di Chions, Pordenone</i>
Most Proud Life's Accomplishment to date	<i>My family's accomplishments are first and foremost. However, I have also been a huge participant and supporter of children with cancer charities, specifically Coast to Coast Against Cancer Foundation and now Campfire Circle. As part of this organization, I cycled across Canada from Vancouver to Halifax in 2016 and again in 2019. I volunteered as part of the road crew in 2017. Cycling was not the hard part--raising the required \$15,000 to participate each time was the challenge. The Famee Furlane was extremely helpful as it assisted in allowing an Inside Ride to take place in the main hall. It was a fantastic and fun event enjoyed by all who participated.</i>
One bucket list adventure you would like to try but haven't yet	<i>I was able to ski the Zoncolan this past season and I've cycled Mt. Ventoux in France. Next on the list would be to cycle up the Zoncolan or the Stelvio.</i>
Biggest reason for joining the Famèe Furlane Toronto	<i>I have been a member in the past and have continually been involved with the Dolomiti Ski Group. Recently I thought it was time to continue with my social network of friends on a formal basis and assist the FFT where I can.</i>
A favorite hobby or interest	<i>Skiing, cycling and woodworking-- not necessarily in that order. These interests allow me to enjoy the great outdoors, which I absolutely love. This past winter I was able to ski in the Alps in Friuli and I look forward to cycling there this coming fall.</i>
One particular Famèe Furlane related memory	<i>Fun times at Mt Tremblant with Dolomiti Ski Group- including the pot-luck dinners.</i>
What do you like best about your Furlanitat	<i>Salam, muset, brovade and frico-- all the associated culinary experiences. I also love that I can speak the Furlan language. There really isn't a time when some friends and I get together that we don't speak furlan at some point.</i>
What have you gained from being a Famèe Furlane member	<i>The ability to take the community of my roots and bring some parts into to my current daily life.</i>
A Furlan Trait or Tradition that continues to be shared	<i>Snjape!</i>



A HERO!

While crossing through Quebec on one of the Coast-to-Coast Rides, Frank was named Hero of the Day. Accompanied by his hero cape, Friuli Aquila and strong abs he "flew" around the parking lot a few times.



Bon Lavor Frank!



CLAUDIA POLBODETTO

Full Name and nick name	<i>Claudia PolBodetto – most people nowadays call me by my birth name, but sister, brother, sister-in-law and a few friends call me Claud, some cousins call me Claudie, and nieces, Zia Claud</i>
Family Furlan Roots	<i>My father hails from San Vito al Tagliamento, or better still, Braida Bottaris. My mother (nee Santarossa) comes from Casarsa della Delizia, or better still, il ‘Comunal’</i>
Most Proud Life’s Accomplishment to date	<i>.... Still working on that, but if I can extend this sentiment beyond me, I’m most proud of my siblings (all 3 of them) for persevering and following their dreams of life, family and work, and proud of both my nieces for finding their passion and path by pursuing a new course in their young lives.</i>
One bucket list adventure you would like to try but haven’t yet	<i>Scotland, Ireland and Newfoundland ... not necessarily in that order. Not terribly Furlan-ish, but there are celtic roots in our heritage, and I somehow feel a connection to those lands.</i>
Biggest reason for joining the Famèe Furlane Toronto	<i>Wanting to be part of the culture and community that is Famee Furlane. My parents and uncles & aunts were huge participants who attended all the functions that it had to offer from Babbo Natale for us kids to the annual August picnic to just going “up” to ‘Sidonio’ and then the land that became Famee Furlane’s permanent residence. As soon as I turned 16, my cousin and I immediately joined the Youth Group, participated in everything, met an amazing group of youth, got involved and never looked back</i>
A favorite hobby or interest	<i>Skiing I’ve been fortunate to have travelled across northern Italy with amazing group of people, from Val d’Aosta to Trento and take in the awesomeness of the Alps & Dolomites, not to mention the gastronomical delights, as well as parts of Canada and the USA. Time for new boots My ski days are not over yet!</i>
One particular Famèe Furlane related memory	<i>There are way too many to narrow down to just one ... picnics from back in the (my earlier) day, youth group long weekends, reserving my own table with my “cousins” at “fiestis” at the Famee next to our parents’ table, New Year’s Eve parties But I have to say one event that impressed me on how successful it was, was the Sagra that we recreated on the Campus ... that was true collaboration, all hands on deck, and a fantastic day!!</i>
What have you gained from being a Famèe Furlane member	<i>Pride ... of being una figlia di Friulani – lucky to have been exposed to this community in my teenage years, otherwise, I might have just been another Canadian with Italian roots. Furlan roots grow much deeper and are harder to eradicate.</i>
A Furlan Trait or Tradition that continues to be shared	<i>Mom making crostoli, frittole, pinza And the continuing Santarossa tradition of making salsiccia, salam, muset</i>



FFT WOMEN'S AUXILIARY

Another year in the life of...



The Famèe Furlane Toronto Women's Auxiliary continues to forge ahead with new and exciting ideas and activities. In April Professional graphologist, Elaine Charad, entertained and enlightened along with providing analysis of our handwriting, as well as humorously sharing a variety of insights into the messages behind logos and behaviours of famous people as related to their writing styles. What a lively, fun and informative evening!

In May, the ladies rolled up their sleeves, flexed their muscles and engaged in a most invigorating chair yoga experience, thanks to yoga instructor, Rosie White. It was quite surprising to experience the gentleness of this form of yoga while at the same time feeling energized! Regardless of the physical abilities, or lack thereof, participation and fun was had by all.



Looking back this year, we received a better understanding of dementia, familiarized ourselves with Furlan towns, learned about Streghe, enjoyed High Tea at the Ontario Legislature, celebrated women at the International Women's Day Luncheon, and most recently enjoyed handwriting analysis and chair yoga. Let's not overlook our ongoing support of the Famèe Furlane through involvement with the children's Christmas and Befana crafts. What a jam-packed year!



Our season was topped off with a mix and mingle evening sharing in an array of delicious foods and fun games, including much shared friendship and laughter.

Before saying our goodbyes for the summer hiatus, the Women's Auxiliary extends wishes, that our Famèe Furlane Toronto family, have a happy and healthy summer with a safe return this coming fall to new and more exciting events and festivities.

Buine Vacance,

Ughetta De Piero



An Afternoon Adventure

Adding to the already long list of exciting activities, on May 22nd, a group of FFWA members thoroughly enjoyed a visit to CTV's daytime talk show - The Social! As a special treat, hosts Melissa Grelo, Cynthia Loyst and Andrea Bain were joined by Marilyn Denis. What a delightful afternoon adventure!



What dedication!

Congratulations to FFWA member Elemanna Sacilotto who at the April 30, 2024, Famèe Furlane Toronto Member's Meeting, four of her five sons were welcomed as new members of the Famèe Furlane Toronto. No doubt only distance and inaccessibility stopped her fifth son from joining. While the FFT has several "family memberships", it was heartwarming to see this group come together in unison on the same evening.

Famèe Furlane Women's Auxillary



Left to right: President, Joe Zamparo with Paolo, Stefano, Claudio and Marco Sacilotto

GRUPPO ETÀ D'ORO

Riflessioni Estive

Da come la primavera si trasforma in giornate estive, anche noi del Gruppo Eta' d'Oro riprendiamo le nostre consuete attività settimanali con un po di aggiunta energia e amichevole cameratismo.

Nel'occasione dell'assemblea dei membri della Famèe Furlane Toronto del mese di aprile, il Gruppo Eta' d'Oro ha versato alla FFT la dovuta somma di \$ 2,200 per l'onere annuale dovuto dai non-membri della Famèe Furlane ma partecipanti nel nostro Gruppo. Attualmente la Famèe Furlane ci ospita ancora generosamente con lo spazio a loro reso disponibile dal nuovo proprietario. Il ricordo delle belle giornate nel grande salone centrale rimane ancora vivo nella mente di tutti noi! Particolarmente le gioiose feste con gli occasionali annuali banchetti cucinati e elegantemente serviti dalla cucina della Famèe Furlane.

Purtroppo, con il calo di membri nel Gruppo Eta' d'Oro, si riflette anche l'avanzare dell'età media di coloro che ancora partecipano ai settimanali giochi, e le carenze di volontariato per le necessità dei servizi occorrenti, il nostro Comitato, che nel passato contava di sette volontari, ora si trova ridotto in numero. Detto questo, invito la partecipazione con il mio benvenuto a chiunque dei nostri membri che abbia in cuore il desiderio di farne parte per la desiderata continuazione del Gruppo Eta' d'Oro.

Chiudo il mio breve articolo ringraziando la benevolenza del Presidente della Famèe Furlane Toronto, Joseph Zamparo, per le pizze ricevute all'inizio di ogni mese. A BIG THANK YOU JOE!

A nome di tutti noi al Gruppo Eta' d'Oro, i nostri cari saluti e auguri di salute e felicità per tutti i nostri amici Corregionali Friulani!

*Nino Blasutta, Presidente
Gruppo Età d'Oro*



IN MEMORIAM



LIVIO SALA
July 11, 2023
Lifetime member

PRIMO TUPPIN
August 19, 2023
Lifetime member

TARCISIO DI STEFANO
March 9, 2024
Lifetime member

PIETRO PITTARO
March 24, 2024
Past president of Ente Friuli Nel Mondo
Long time friend of Famèe Furlane Toronto
and well-known vintner

SANTO MORELLO
April 3, 2024
Lifetime member

NEDO SANTAROSSA
April 23, 2024
Past member of Famèe Furlane Toronto
and brother-in-law to member Fred Roncali

LUCIO BATTISTON
April 2024
Nephew to lifetime member Ariedo Clocchiatti, cousin to members Roberto Clocchiatti and Morena Nalli

WALTER RICETTO
May 14, 2024
Son of lifetime member Lino Ricetto and
Long-time Famèe Furlane Toronto
volunteer Renza Ricetto

GIOVANNI NOBILE
May 15, 2024
Son of lifetime member Antonietta Nobile,
brother of member Oretta Avoledo and
brother-in-law of member Silvano Avoledo

TREASURES OF SAN DANIELE

Prosciutto and the Biblioteca Guarneriana

Imagine you are in San Daniele and have just enjoyed a *panin* with perfectly aged prosciutto on fresh bread, along with a glass of cool white wine. Aiding your digestion is a view of the snow-topped mountains in the distance. You may be there during the *Aria di Festa sagra*, (an annual three-day event centring around prosciutto, held in early summer). In 2023 the *sagra* was held from June 30 to July 3.



While there, you may have toured a prosciutto producer's plant, and seen the pork legs hanging in rows during the aging process. There are talks on the production process and a demonstration of how to cut a serving using a sharp knife. Some say this is the best way to get that perfect slice.



San Daniele, with its cool mountain air, provides the perfect temperature and humidity to produce the best prosciutto. Today, Prosciutto di San Daniele is made strictly following the traditional production methods prescribed by law.

In addition to the focus on prosciutto, the *sagra* includes tours of the city, cultural displays and music. Bob Dylan was the headliner in 2016 as part of his European tour.

Library Visit? Yes

The next part of your stay in San Daniele includes a visit to the library. Yes, a library. There's the Civic Library on via Roma. And across the street at no. 10 via Roma is the Antiquities Collection of the Guarneriana, home to manuscripts from the 15th and 16th centuries.

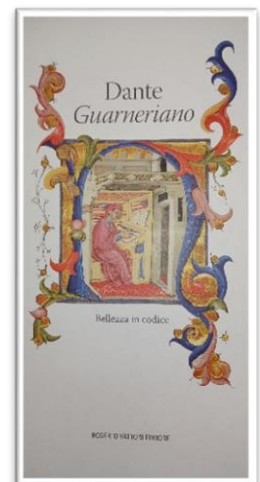
The Guarneriana Library is a special depository of volumes. The library began with a posthumous donation of 173 manuscripts by the vicar of Aquileia, Guarnerio d'Artegna. He was born in Portogruaro or Zoppola in ca.1410. Having lost his father early, he was adopted by the Panciera family and moved with them to Rome in 1428 where he was trained within the Roman curia. He stayed in Rome at the service of Biagio del Molin, patriarch of Grado and recent chancellor of the Apostolic Chancellery. Guarnerio became a canon of Aquileia and later of Udine. He spent the last decade of his life – 1456-1466 - as parish priest of San Daniele del Friuli. In 1431 he had inherited the library of Antonio Panciera, composed mainly of books relating to canon law. These, plus the original 173 manuscripts, became the basis of the library.

The library grew substantially in 1736 when Giusto Fontanini endowed the library with his large collection of manuscripts and over 2,000 books. This prompted the local council to build a new home for the collection, including decorative oak shelving. Today, the Antiquities collection of the Biblioteca Guarneriana comprises 600 codices, 80 incunabula, hundreds of books from the 16th century and thousands of ancient manuscripts.

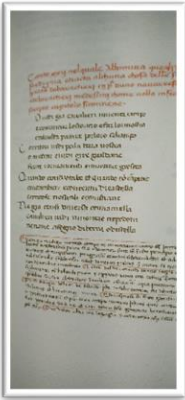
A very special document in the library is one of the oldest and most beautiful surviving copies of Dante's "Inferno". Copied in the XIVth century, it is fully illustrated with high quality miniatures. Many other copies are part of the collection of the British Library in London.

Aligned to the Guarneriana is the Scriptorium Foroiuliense, Italian School of Amanuensis – Ancient calligraphic art. Copies of ancient manuscripts are produced here, using methods from the 14th Century.

As part of Dante 700, the 700th anniversary of Dante's death in 1421, the Scriptorium created a version of Dante's Inferno, using the methods of book production from Dante's time. The copy is printed on paper, hand-made from cotton. Calligraphers recreated every word by hand, using sharpened quills made from goose or swan feathers.



Cover of the
Dante Guarneriana



Sample page from the Dante Guarneriana

Inks for the script and illustrations were made from gum Arabic with iron or mercury sulphate added to create red, azurite for blue and gold dust to create the gold ink. The book has a parchment on wood cover and is bound with rope; the entire process done by hand.

To celebrate Dante 700 in Toronto in October 2021, Prof. Paolo Granata, Associate Professor in Book and Media Studies at St. Michael's College, organized a special event in collaboration with the Department of Italian Studies at the University of Toronto, St. Michael's College in the University of Toronto, Massey College, Toronto, l'Istituto Italiano di Cultura in Toronto, the City of San Daniele del Friuli and the Scriptorium Foroiuliense.

A live video link with the Guarneriana Library was featured. Those in attendance learned about the library and saw a demonstration of how artists from the Scriptorium create manuscripts using ancient methods.



Virgil leading Dante to Hell

The copy of Dante's Inferno created by the Scriptorium was presented to St. Michael's College. Today it is found in the rare books and special collections section of the College's John M. Kelly Library.

This magnificent book can be viewed at the library, by requesting an appointment at specialcollections.kellylibrary@utoronto.ca. If you visit, take a walk through the Dante Garden, at the northeast corner of Queen's Park and St. Joseph St.

Doreen Vanini

ATOR LA TAULA - Dolci Di Amaretti

My mom, Luciana Mian, treasured her cookbook called "Annabella in Cucina" by Vera. As far as I can remember that book was always handy in the kitchen. Not sure of the actual age of the book, but it's old.... Based on how worn the pages are, mom used it quite a bit. Today, it's stored in a Ziploc to keep it together for the next generation. Sharing with you is one of the recipes from the book that she made for her family hundreds of times. It is very simple and easy to make, in under 1 hour, from start to finish. As her grandchildren grew, mom couldn't just bake one cake; it was 2 to 4 so that each family got their own. My sisters and I translated the recipe from the Italian and continue to make this Dolce on a regular basis. I hope you enjoy it as much as our family did and still does! Buon Appetito!

Mara Mian



Ingredients

200 Gr	Softened unsalted butter
200 Gr	White or Cane Sugar
4	Large Eggs at room temperature and separated
50 Gr	grated semi-sweet chocolate
125 Gr	White Flour
100 Gr	Hard Amaretti cookies, ground
¼ Tsp	Cream of Tartar
	Icing Sugar

Method

1. Using electric beater, mix the butter and sugar until light and fluffy.
2. Add egg yolks and grated chocolate and beat until well blended (about 5 minutes)
3. In a separate bowl beat egg whites until "soft peak" stage and add the cream of tartar to help stabilize. Set aside.
4. Add flour and the ground amaretti cookies to the butter mixture and mix by hand until well blended,
5. Gently fold the beaten egg whites into the butter mixture.
6. Butter and flour either a 9" square or 9" round baking pan. Baking pan can be lined with parchment paper, if preferred.
7. Bake cake in the center of a preheated 350° oven for 30 minutes. Cake can be tested at the 20-minute mark for doneness by inserting a toothpick in the cake centre. If fully cooked, toothpick will come out clean.
8. Remove from Pan and cool completely before dusting with icing sugar.

FURLAN FAMILY NIGHT



While the world around us consistently brings changes, the one constant in all our lives is the pleasures enjoyed by sharing delicious comfort foods with “*un bon tai di vin*” in the company of warm friendships - friendships that for many have long been forged at the Famèe. Add to that mix, a comfortable and relaxed atmosphere, without the trappings of formality, and we have a perfect setting for “*une biele serada*”, filled with huge servings of laughter and animated chatter.



That in a nutshell is the best way to describe the success being enjoyed by all who have been attending the Furlan Family Nights. What had started off as a desire to revive the concepts of “*come une volte*” has morphed into an evening that is much anticipated and thoroughly enjoyed. Our very own Chef Gianni Ceschia has yet to disappoint – consistently suggesting “*down home*” menu themes and never failing to serve up heaping platters. In April, the menu highlight was wild boar gnocchi and May served up asparagus lasagna – each with their own seconds and “*contorni*” - Can it get any better?



Much to the disappointment of many, we will be taking a short summer hiatus. However, plans are already underway for the return of Furlan Family Nights in September. Who knows what Furlan delights will be instore for us. With Gianni at the helm, coupled with his staff and the FFT committee and volunteers, be assured you are in good hands, and you will not be disappointed. The one menu constant is *crostoli* – we promise that won't change!



Have a wonderful and safe summer! We hope to see many of you at the picnic on August 4.



Ivana Pontisso



SAVE THE DATE
FFT ANNUAL PICNIC
SUNDAY, AUGUST 4 - VENETO CENTRE
Details to follow

20 SOMETHINGS

As summer approaches, our social group is looking forward to gathering for fun in the sun! Some of our upcoming events include our annual "Gelato on the Town" social, dinner by the lake and an afternoon of lawn bowling to name a few. For more information on dates and details, contact Vanessa at 20somethings.famee@gmail.com.

In interviewing one of our longstanding female members about her most memorable summer moment with our group, she recalled unforgettable memories made among friends:

"I'll never forget one of my favourite times was a night out on College Street. The group's company was amazing. We all have a common connection and I believe that this is because we all share Friulian heritage. This is a bond that unites us. Something we can relate to. And that's why I keep attending events, not only to be around friends but to be reminded of my roots. No matter where we gather, it's always a great time."

We hope that you can join us this summer! Feel free to bring a friend or relative with you. We promise you will have a great time! If you are in your 20s, 30s or 40s, our group is always looking for new members and we encourage your participation.

Stay tuned in the next edition for another in-depth look into our group's events.

*Mandi,
Vanessa Lovisa-Gambin, 20-Somethings President*

Movie Night at Cineplex Vaughan

*Famee Furlane & Trentino Club together with ICFF
bring to you*

"A Muso Duro"

Tuesday, July 16th at 7pm

Cineplex Vaughan (formerly Colossus)

After party at Famee Furlane Toronto
7065 Islington Avenue

Deadline for Tickets: July 10
TICKETS: \$35/pp

Cash - Cheque - E-Transfer (reception@fameefurlane.com)
Call 905.851.1166 or email reception@fameefurlane.com






Editor's Note

The Article entitled Elvy Moro in the Spring 2024 Edition of Forum unfortunately recorded the author's name incorrectly. The piece was written and submitted by Ivonne Pasian and not as shown in the original piece.



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AT THE TERRACE



It's time for Gardening...

You know summer is on its way when the garden beds at Friuli Terrace are planted. For many of the residents, the planting of the garden begins with the previous year's harvest when tomato seeds are selected and salvaged. The planting begins in containers indoors and lovingly tended to in the gardener's apartment. Once they are tall enough, they are transplanted into the outdoor gardens. Gardening is a passion for many of our residents. It is a passion that began in their homeland where for many gardening was not just a "*passa tempo*" but a necessity and a way of life. The satisfaction of planting, watering, and weeding keeps our residents busy all summer. They obtain great satisfaction as their hard work is rewarded with the vegetables, herbs and flowers which they

are then able to enjoy and share.

Our superintendent Paola participated in the further beautification of our grounds by planting the annual flowers and placing the gnomes in the front fountain.



Let the Band Play On

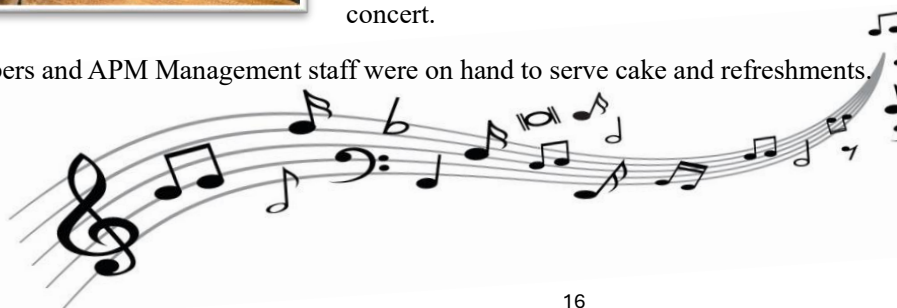
On April 21, the Columbus Centre Concert Band entertained the residents of Friuli Terrace. Those in attendance commented that it was a wonderful way to spend a Sunday afternoon. The concert evoked memories of the past Famée Furlane events where bands played, and members danced the night away. The 35-piece band played a variety of music which included some classic Italian songs.



When the conductor heard that one of the attendees, Angela, was 100 years old, the orchestra dedicated their last song to her. The attendees showed their appreciation through their applause and moving to the music. Those who attended were thankful and expressed an interest in having the band return for another concert.



Board Members and APM Management staff were on hand to serve cake and refreshments.



Mother's Day Celebration

On May 8th, a celebration was held to celebrate all our special women for Mother's Day. Choir Director Antonella played music and lead the group in song. Light refreshments were served, and the women each received a small gift of a face cloth with hand cream.



Chats Activities

Chats has begun circulating a monthly calendar which provides residents with the activities they are organizing. These include a mass and birthday party monthly, along with a gentle exercise program, social time and rosary.



Back by popular Demand! – YOGA!

Earlier this year York Region offered Chair Yoga Classes for Seniors. As the classes were so well received, they were offered again beginning on June 6th. The class was well attended and enjoyed by all who participated.



Upcoming Events



It's BBQ Time!

On June 17, the Board of Friuli Terrace will be holding a BBQ for the residents.

More Maintenance Projects on the way....

The Board and APM Management have been diligently prioritizing future maintenance projects required to preserve our aging building. Preliminary estimates have been obtained and funding has been requested for a number of projects. At this time, we are pleased to announce that funding has been obtained to replace the windows. The windows at Friuli Terrace are the original windows. The replacement of the windows will not only improve aesthetics but also address issues due to the age of the windows (35 years) as well as assist in the energy efficiency of the building. The work is expected to take place in the Summer/Fall of 2024.





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www.villagambin.com

A MESSAGE FROM OUR CHAIR

Dear Friends,

We have had an eventful past few months, filled with celebrations, acts of kindness, and community spirit. Indeed, the heart of our home is our residents, staff and volunteers, and this spring was a season of recognition for all the people who go above and beyond to make VLG the special place that it is.

We recently honoured our Resident Ambassadors, recognizing those residents who contribute to our culture of generosity and community spirit as model citizens of VLG. They help make our home a welcoming place for all residents, and for that, we are truly grateful. Further, we held volunteer appreciation ceremonies last month to thank those who generously give their time in the café, assist with events, and spend time visiting with our wonderful residents. Their presence always brings a buzz about the home, making the café a bustling and fun place to gather, and elevating the quality of our events and daily activities for all residents.

It's the little things that people do, and the small acts of kindness that collectively contribute to a home with a huge heart, that is tangible from the moment you walk into VLG. We are very grateful to our wonderful residents, staff and volunteers for helping make VLG the vibrant community that it is.

In celebration of Earth Day, we kicked off our environmental initiatives with a cleanup of the perimeter of our home. Residents and team members joined together to make our surroundings beautiful, followed by a fun celebration with treats.

We celebrated Mother's Day in style, honouring all the wonderful mothers in our home. The event featured a memorable Elvis Tribute performance accompanied by delicious desserts. It was a day filled with love and joy.

We are thrilled to announce that we purchased another seven Better Beds, bringing us closer to our goal. We now only have seven more to go to complete our fundraising campaign. Thank you to everyone who has supported this vital initiative.

And lastly, but certainly not least, mark your calendars for October 4th, 2024, for this year's exciting 20th Anniversary edition of the Oak Leaf Gala! This extraordinary event is never one to be missed, but this year's event will without doubt be something special, as we celebrate 20 years of VLG's service to our community.

Thank you for being a part of our vibrant community. We look forward to sharing more wonderful moments with you in the coming months.

Sincerely,

Andrew Iacobelli

Better Beds Fundraising Campaign nears completion thanks to your generosity

We are thrilled to announce the arrival of seven new Better Beds, made possible through the generous donations of our community supporters. We extend our heartfelt gratitude to everyone who has contributed to this vital campaign. Your kindness has brought us just seven beds away from reaching our goal!



Our campaign has been a long journey, and we are so close to completing it. To everyone who has supported us this far, thank you for your unwavering dedication.

Looking ahead, we invite you to join us at our upcoming gala in October, where we will celebrate the 20th Anniversary of both the Oak Leaf Gala and Villa Leonardo Gambin. Part of the proceeds from the event will go directly to the Better Beds Campaign, bringing us ever closer to our goal.

To purchase tickets/sponsorships or to donate, please visit our website at villagambin.com, or contact our Charity Office at 905-856-7619.



Congratulation to our 2022-2023 Resident Ambassadors!



Given the circumstances of COVID, last year we were not able to celebrate the 2022-2023 Resident Ambassador ceremony. We were so happy to celebrate together this year. This award ceremony is designed to recognize residents who make contributions to the home through various jobs and tasks. While these tasks are important and helpful to other residents and staff, we believe that this award means so much more. At VLG, a resident ambassador is someone who embodies the spirit of our home through positive contributions. These contributions can be helpful tasks; however, they can also be daily acts of kindness, words of encouragement, comfort or support for those in need. Every one of our resident ambassadors celebrated this wonderful evening.



Earth Day 2024

Participating in the Earth Day initiative around our home supports our larger community by involving our seniors in our collective effort to sustain the environment towards a healthier condition. VLG celebrated Earth Day with our annual Community Clean Up around the perimeter of the VLG property. Residents, volunteers, families, and staff worked collaboratively to support the Earth Day initiative by cleaning up litter around our home. Afterwards we enjoyed socializing over coffee and desserts.



A Musical Mother's Day Celebration

Mother's Day was celebrated with family, friends, and staff on Sunday, May 12th, 2024. To celebrate the mothers of VLG, our home was invited to listen and engage with the musical stylings of Elvis Presley (Bruno Nesci), an incredibly talented entertainer who played a variety of tunes ranging from Elvis Presley's most popular songs to Italian classics. Residents and family members also enjoyed cannoli from the wonderful Big Cannoli.



Volunteer Appreciation Week 2024

Volunteers contribute an integral role to our overall VLG home. To acknowledge their contributions, the Villa Leonardo Gambin community celebrated Volunteer Appreciation Week from April 14th – 20th, 2024. It provided residents, staff, and families with a chance to celebrate the vibrance and impact of volunteerism in our communities and nationally. Volunteers were acknowledged in a special VLG Volunteer Week event that gave all members of our home an opportunity to thank volunteers for their hard work and dedication to our community and culture. During National Volunteer Appreciation Week, we recognize our volunteers and celebrate the immense contributions they make at a moment when residents and families need their support more than ever.




**Thanks
to Our
Volunteers!**



VOLUNTEER WITH US

Become a long-term care volunteer and enrich your life and the lives of those who call VLG home.

If you are interested contact Maria Stirpe.

Tel: (905)856-3939 or

Email: m.stirpe@villagambin.com



FOGOLÂRS 2024 WINDSOR

AUGUST 8 – 11, 2024



Last call is fast approaching for registration to the Congress of Furlans in Canada being held August 8 to 11, 2024 on Canadian soil. Hosted by the Fogolârs Federation of Canada and Fogolâr Furlan of Windsor, this jam-packed weekend allows an opportunity for you and your family to meet fellow Furlans from across Canada, renew old acquaintances and forge new ones. It is also a chance to discover more about Friuli, its language, culture and history. Among others, activities include a special workshop on Turismo delle Radici and a presentation on 'GO!2025' - Gorizia and Nova Gorica, having received the title of 2025 European Capitals of Culture, are getting set to prepare year-round outstanding cross-border cultural program. The Fogolârs Federation of Canada is also celebrating its 50th anniversary and will be launching a commemorative book to recognize everything the Fogolârs Federation has achieved since its founding.

Registration packages start at \$500 for adults, youth at \$400 and children at \$150. Packages are available through the Famèe Furlane Toronto office or by visiting fogolarsfederation.com.

Registration includes admission to congress workshops and activities, meals/refreshments and ground transportation during the congress to and from congress hotel to the Fogolâr Furlan of Windsor. Transportation to and from Windsor along with hotel accommodations (Best Western Plus Waterfront on Riverside Drive West in Windsor) are the Delegates responsibility.

For more information, please visit fogolarsfederation.com or info@fogolarsfederation.com or the Famèe Furlane Toronto at (905) 851-1166.



Transitioning to the new Ontario Not-For Profit Corporations Act

As noted by FFT President Joe Zamparo in his message to members, change is a constant in life. To add to the exciting FFT changes Joe has outlined, another element of change, mandated by the Ontario Government, is currently underway.

FFT Bylaws and Articles of Incorporation

On October 19, 2021, the Government of Ontario launched the Ontario Not-for-Profit Corporations Act. This Act requires that all not-for-profit boards, such as the FFT, update their bylaws and Articles of Incorporation by October 18, 2024. As a result, the FFT board has retained an external lawyer and is working with her to update both the FFT bylaws and Articles.

The next Annual General Meeting (AGM) of the FFT will take place on September 24, 2024. At the AGM, the board and the external lawyer will present a copy of the updated bylaws and Articles of Incorporation to the membership. At the AGM, the membership will vote on the updated bylaws and Articles of Incorporation.

Prior to the AGM on September 24, 2024,

- A summary of the changes that are being put forward will be mailed out to all members along with the Notice of the AGM and,
- The board will organize a special meeting where it will present the updated bylaws and Articles of Incorporation to the membership and answer questions.

Background

The current FFT bylaws were passed on June 27, 2006. On March 6, 2010, the Articles of Incorporation were amended to reflect the name change from “Famee Furlane Club of Toronto” to “Famee Furlane Toronto.”

“Bylaws” are the rules that are established by the FFT to regulate itself and are consistent with applicable provincial laws.

“Articles of Incorporation” are the *formal documents that have been filed with the provincial government that legally document the creation of the FFT.*

Ivana Pontisso

PASSATEMPO

Discover Friuli this Summer



1. Find and circle the words listed below in the grid.
2. Words can be horizontal, vertical, or diagonal, and may be spelled forwards or backwards.
3. Once you find a word, circle it with a pen or highlighter.
4. Have fun exploring the popular spots to visit in Friuli this summer!



Spilimbergo	San Daniele	Villa Manin
Dolomites	Palmanova	Aquileia
Cividale	Tarvisio	Miramare
Trieste	Gorizia	Collio
Lignano	Grado	Duino
Sagre	Marano	Udine

E T C C P S P I L I M B E R G O V S N I
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Answers on page 24

PASSATEMPO

Answers

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 EXKJOSIIVSDRFUQLYADR
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 AVFYAIPUEAD AAYPOILUN
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 RMDUELCVMINKWILPAJY
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 PNEMTSHLDDGCCGRADOC SY
 ACLLJZBELQYXWXTROFKX
 XOEWGINLPLCCRXLWECG
 IJGDBDTRRNQUXXUHBTBS
 NMFYDSRCRWUMCGRZMLTU

FRIÛL INFATS

Answers

- Liguria and Friuli Venezia Giulia
- Andreis, PD
- Géraud Duroc (1772 – 1813)
- Ottoman Turks
- Trieste
- Pinot Grigio
- Aquileia
- The Carni
- June 5, 1953
- “European Entrepreneurial Region” (EER)

CALENDAR OF EVENTS

Wednesdays	Gruppo Eta D'Oro - Bingo and Cards
Tuesday, June 25	FFT General Members Meeting
Saturday June 29 & Sunday June 30	Frecce Tricolori - Quinte Air Show Trenton, ON
Tuesday, July 16	Movie Night - Cineplex Vaughan
Sunday, August 4	Annual Picnic - Veneto Centre
August 8 - 11	Fogolars 2024 - Federation Congresso in Windsor, Ontario
Sunday, September 8	Grandparents Day Luncheon
Tuesday, September 10	New Bi-Law Information Meeting (tentative)
Wednesday, September 11	Women's Auxillary Welcome to a new Season
Friday, September 20	Furlan Family Night
Tuesday, September 24	FFT Annual General Meeting



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